

Transitions News!

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Getting to Know Transitions Programs...

“Part II”

TRANSITIONS NORTH

Transitions North delivers services to over 200 individuals. For the last 17 years programming was offered at 3200 Remy Drive, in Lansing, through TriCounty Diversified Industries, Adult Daily Living, and finally a combination of the two, known as Transitions North. Currently the program operates as a “multi-plex” of day program services and activities, with a variety of opportunities for consumers.

Transitions North offers classroom based services offered in team spaces, and a larger transitional team. Opportunities for vocational training, paid production work, classroom training and community inclusion activities are available. The program is equipped to provide significant personal care and supervision in a person centered manner. The workshop portion of the program provides vocational training opportunities for approximately 120 consumers who perform a variety of production related tasks. Paid work includes packaging the BSI line of toothbrushes along with sub contract work. There are group based classes and activities offered throughout the day in either team space, classrooms or community sites. Transitions North is committed to meeting the needs of all adult ages as evidenced by the focus on mature adults in the two Senior Teams. The goal for some Seniors is to dovetail with generic community senior programs, thus achieving full inclusion.

A Drop In Center was established to further prepare consumers for community inclusion by

practicing community safety and planning for more activities in the community. Last year, 208 or 96% of all people attending Transitions North participated in Community activities, resulting in 33,669 hours of inclusion. They participated in leisure, volunteer, recreational and educational activities. These consumers were from Clinton, Eaton and Ingham counties.

If you would like to visit Transitions North or have questions, please contact Susan Speers, or Mary Studenka, at 323-9558.

TRANSITIONS SOUTH

Transitions South, formerly known as Transitional Training Services, opened in the early 1980's to serve those consumers who moved from institutions to community living settings. Those who were unable to fully participate independently in a workshop setting were served at TTS. The program assisted with social, recreational, educational and pre-vocational skill development.

Today, Transitions South has 6 teams of nearly 80 consumers who are learning social, communication, leisure, recreational and educational skills both in the team rooms and in the community. Transitions South services include personal care, skill-building, activities, behavioral support and community experiences

for consumers. To enhance lives, a host of special interest classes such as Art, Cooking,

Glamor, Exercise and Woodworking are offered on a rotating basis throughout the year. These classes expose individuals to many new experiences and provide variety. Even though work activity is not available at this location, volunteer sites such as Meals on Wheels, and Volunteers of America have provided opportunities for consumers to work and contribute to their community. Long time partners such as the Michigan Athletic Club, Michigan State University Music Therapy Clinic and the Miller Road Senior Nutrition Site have provided learning and social experiences for both the consumer and the community members.

Transitions South plays host to various consumers who use the Jarco Drive location as a transportation hub. There are several consumers coming from all points in Southern Ingham county to Transitions South to await their connecting ride to their final destination. Transitions South staff, in tandem with Dean drivers and CATA drivers, assist the commuting consumers. There is a Drop In Center where consumers may socialize while they wait.

With over 10,000 hours of community inclusion in 2003, it is apparent that Transitions South is not just a building where people go for the day. It is a program with the goal of including people with severe disabilities in the community. Please contact Deb Voss or Lisa Mack at 694-5098, for further information.

PROGRAM CLOSINGS FOR MAY:

Friday, May 14, 2004.....In Service Day

Monday, May 31, 2004.....Memorial Day

FOOD FOR THOUGHT...

We would like to share the following list of guidelines written by a Consumer Aide at the

Transitions Central Drop In Center. These seem appropriate for all of us to keep in mind on a daily basis:

- , Have a positive attitude.
- , Do Your Best on the Job
- , Stay Focused on Your Job with NO Distractions.
- , No Profanity, at all.
- , Respect the Staff, the Senior Companions, and One Another.
- , Be On Time Always
- , Help Out, if/when needed.
- , Earn the Money you Receive, and Be Happy for What you Have!

We wish to thank everyone for their support of our newsletter venture. We enjoy sharing all that we do and appreciate all the positive comments and input. Our June issue will explore the Vocational and Work Services Units, which have recently joined Transitions. So please, stay tuned!

The Transitions South staff wish to thank everyone who supported our Spring Bulb sale, enjoy!

