

MARCH 31, 2021

VOICES



Update: Changes to COVID-19 Vaccination Eligibility

Upcoming Changes to Vaccine Prioritization:

In addition to the current priority groups, which include people who work in healthcare, parents/caregivers of children with special health care needs, people age 65 and up, people age 50+ with a medical condition, and other essential workers.

As of March 22, the following priority groups are now able to be vaccinated:

- All people age 50+ are eligible regardless of health.
- All who are 16+ with disabilities or medical conditions that put them at high risk of a negative COVID-19 outcome are eligible.
- Starting April 5, anyone 16 years of age and older is eligible.

Area Vaccine Resources:

- COVID-19 Hotline: Residents who don't have access to the internet or who need assistance navigating the vaccine scheduling process can call the COVID-19 Hotline at 888-535-6136 (press 1), Monday through Friday from 8 a.m. to 5 p.m., Saturday and Sunday, 8 a.m. to 1 p.m.
- 2-1-1: Michigan residents within the prioritization category and without access to the internet or needing further assistance finding information on vaccination or scheduling an appointment, if available, can dial 2-1-1 to speak to a 2-1-1 specialist.



Virtual Annual Community Event on WILX

Weren't able to join us for the live Virtual Annual Event? No problem!

Tune in to WILX on April 25, 2021 from 11AM-12PM to watch the televised event, including highlights such as the presentation of the 2020 Annual Report to the Community, Keynote Speaker Shari Simmons from the Fire Mountain Treatment Center, and presentation of the Distinguished Service award.



For news and information from CMHA-CEI, visit our website at www.ceicmh.org and Facebook page at www.facebook.com/CEICMH.

Spring break and travel guidance

The Centers for Disease Control (CDC) and the Michigan Department of Health and Human Services (MDHHS), both advise that “travel increases your chance of spreading and getting COVID-19” and recommend that you do not travel at this time. Delaying travel and staying home will protect yourself and others from COVID-19.

If you do choose to travel this spring, the CDC and MDHHS both provide the following guidance about how to make travel safer:

Get tested before and after travel:

- Get tested with a viral test 1-3 days before you travel. Do NOT travel if you test positive.
- Get tested again with a viral test 3-5 days after your trip.
- If you are eligible, get fully vaccinated for COVID-19. Wait 2 weeks after getting your second vaccine dose to travel—it takes time for your body to build protection after any vaccination.
- Check travel restrictions before you go; [especially information about spread of any of the new variants of COVID-19](#) in the locations you plan to visit. Some variants seem to spread more easily and quickly than other variants, which may lead to more cases of COVID-19.
- [Wear a mask over your nose and mouth when in public settings](#). Masks are required on planes, buses, trains, and other forms of public transportation traveling into, within, or out of the United States and in U.S. transportation hubs such as airports and stations.
- Avoid crowds and stay at least 6 feet from anyone who did not travel with you. It’s important to do this everywhere — both indoors and outdoors.
- Wash your hands often or use hand sanitizer (with at least 60% alcohol).
- Bring extra supplies, such as masks and hand sanitizer.
- Avoid contact with anyone who is sick.
- Avoid touching your eyes, nose, and mouth.

Learn more from the CDC- [click here](#) and from MDHHS- [click here](#).

Need Help?



Do you have any questions or need help accessing any part of this newsletter? Contact Customer Service at 517-346-8244 or customerservice@ceicmh.org.

Writer Spotlight

We are still taking submissions for our Writer Spotlight! Do you have a similar story, poem, joke, or something else that you think could be shared in a future issue of this newsletter?

Make submissions to Customer Service at 517-346-8244 or customerservice@ceicmh.org.

Questions About COVID-19?



Call the COVID-19 Hotline at 888-535-6136,
7 days a week from 8 a.m. to 5 p.m.



Email COVID19@michigan.gov 24/7. Emails
will be answered 7 days a week, 8 a.m. to 5 p.m.



**Subscribe to e-newsletter updates
at [Michigan.gov/Coronavirus](https://michigan.gov/Coronavirus).**



The most up-to-date and accurate information about COVID-19 can be found through local health departments and the CDC. Visit the websites of the following agencies by clicking the buttons below:

Ingham County
Health Department

Mid-Michigan District
Health Department

Barry-Eaton
Health Department

Michigan Department of
Health and Human Services

Centers for Disease
Control and Prevention

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