

MAY 19, 2020

VOICES



Phased-In Recovery Planning

CMHA-CEI's Chief Executive Officer Sara Lurie recently released the first in a series of communications regarding Phased-In Recovery Planning, a gradual approach to returning to full operations while maintaining a continued focus on protecting consumers and staff. Outlined below is the four-phase Recovery Plan, which corresponds to the MI Safe Start Plan phases 3-5. Please be aware that we do not have any solid timelines in place and in response to federal or state mandates, as well as other health and safety best practices, this process may go faster or slower.



Phase 1- Conditions (Corresponds with MI Stay Safe Plan Flattening Phase #3): COVID-19 case growth is gradually declining.

- Maintain current practices of providing in-person care to those with urgent need, but begin to expand in person services for those individuals and families who request it or who have not been able to fully access telehealth services during this time as identified by Clinical Directors.

Phase 2- Conditions (Corresponds with MI Stay Safe Plan Improving Phase #4): COVID-19 case growth and hospitalizations are clearly declining.

- Resume additional clinical services that are needed, but cannot be effectively completed remotely as identified by Clinical Directors.

Phase 3- Conditions (Corresponds with MI Stay Safe Plan Containing Phase #5- COVID-19 continued case and death rate improvements and outbreaks can be quickly contained.

- Resume all clinical services on-site that have temporary telehealth codes expiring or as required by MDHHS or other authorities.
- If telehealth codes are extended longer, consider blend of on-site or telehealth based on clinical need and consumer preference as identified by Clinical Directors.

Phase 4 (expansion of Phase 3 to full operations)- Conditions (Corresponds with MI Stay Safe Plan Containing Phase #5): COVID-19 continued case and death rate improvement and outbreaks can be quickly contained.

- Resumption of full operations with ongoing screening, prevention, and social distancing as recommended by CDC, local public health, and MDHHS for all on-site and community based services.

For news and information from CMHA-CEI, visit our website at www.ceicmh.org and Facebook page at www.facebook.com/CEICMH.

Q&A Calls Regarding Long-Term Care

The Michigan Long-Term Care Ombudsman Program is hosting weekly Zoom calls to answer questions that individuals, especially families and friends of residents, might have about the impact of COVID-19 on individuals in long-term care, including nursing homes, adult foster care, and homes for the aged.

When: Every Wednesday at 6:30 PM

Where: Zoom - [Click here](#) to join by computer, or to join by phone call 1-929-205-6099

Meeting ID: 829 7146 7655#

Participant ID # Password: 838159



DO THE FIVE

to stop COVID-19

1. **HANDS** wash them often
2. **ELBOW** cough into it
3. **FACE** don't touch it
4. **SPACE** keep safe distance
5. **HOME** stay if you can

Find these words!

HEALTH
COURAGE
RELAX
WELLNESS
FAMILY
COPING
HOME
FRIENDS
SAFE
MOOD

X	S	H	H	E	A	L	T	H	L	H	R	E	P
G	S	L	E	H	E	L	H	R	C	A	E	A	R
A	A	O	E	S	E	M	O	H	O	S	H	E	H
R	F	H	E	H	S	O	I	U	P	E	S	R	R
R	E	F	R	E	O	E	E	E	I	E	R	F	E
S	R	W	Y	E	P	H	N	E	N	D	C	O	I
N	E	N	C	F	O	F	E	L	G	E	Y	E	E
O	L	L	E	A	A	R	O	E	L	L	I	E	L
R	A	E	G	O	F	F	M	S	I	E	D	E	L
G	X	O	A	P	A	O	O	M	O	E	W	O	A
U	G	O	R	C	D	U	A	O	Y	U	E	M	S
S	S	I	U	E	E	F	M	O	O	D	M	H	E
M	E	S	O	H	S	O	F	R	I	E	N	D	S
D	E	R	C	A	O	E	L	A	A	A	M	O	E

Get In Touch!



Do you have a story, poem, joke, or something else that you think could be shared in a future issue of this newsletter? Or, do you need assistance accessing any part of this newsletter? Contact Customer Service at 517-346-8244 or customerservice@ceicmh.org.

Are you looking for resources and/or assistance during this time? Check out this Tri-County COVID-19 Wellness Checklist and Resource Guide from Eaton RESA: [click here](#)

Questions About COVID-19?



Call the COVID-19 Hotline at 888-535-6136, 7 days a week from 8 a.m. to 5 p.m.



Email COVID19@michigan.gov 24/7. Emails will be answered 7 days a week, 8 a.m. to 5 p.m.



Subscribe to e-newsletter updates at [Michigan.gov/Coronavirus](https://www.michigan.gov/Coronavirus).



The most up-to-date and accurate information about COVID-19 can be found through local health departments and the CDC. Visit the websites of the following agencies by clicking the buttons below:

Ingham County Health Department

Mid-Michigan District Health Department

Barry-Eaton Health Department

Michigan Department of Health and Human Services

Centers for Disease Control and Prevention

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