

BOARD OF DIRECTORS HYBRID MEETING MINUTES Thursday December 15, 202

Thursday, December 15, 2022 6:00 p.m.

Staff Present (Via Zoom):

Karla Block, Suzanne Panetta, Jennifer Stanley, MD., Elizabeth Wagner-Parker

Excused:

Shana Badgley

Staff Present (In-Person)

Jana Baylis, KC Brown, Aleshia Echols, Brian Filipiak, Joanne Holland, Morgan McKittrick, Sara Lurie, Rachel McCoy, Gwenda Summers, Joyce Tunnard, and Rebecca West

Public Present (In-person):

Elizabeth Pratt
Daniel Arnold
State Senator Curtis Hertel Jr.

Public Present (via Zoom):

None.

Union Representation:

None.

Call to Order:

The meeting was called to order by Board Chair, Al Platt at 6:15 p.m., due to technical difficulties with sound.

Roll Call:

Al Platt, Ken Mitchell, Emily Stivers, Joe Brehler, Timothy Hanna, Dianne Holman, Dale Copedge, Kay Randolph-Back, Raul Gonzales, Maxine Thome

Board Member(s) Attending via Zoom

Paul Palmer, at his residence in Ingham County, City of Lansing, MI.

Excused:

Adam Matson

Meeting Minutes

ACTION:

MOVED by Al Platt and SUPPORTED by Emily Stivers that the Board of Directors of Community Mental Health Authority of Clinton, Eaton and Ingham Counties (CMHA-CEI) approve the November 17, 2022 meeting minutes as written.

MOTION CARRIED unanimously.

Adoption to Amend Agenda:

ACTION:

MOVED by Al Platt and SUPPORTED by Emily Stivers that the Board of Directors of Community Mental Health Authority of Clinton, Eaton and Ingham Counties (CMHA-CEI) adopt the December 15, 2022 Meeting Agenda with the following amendment:

• Removal of New Business Agenda Item entitled: Board Interactions.

MOTION CARRIED unanimously.

Public Comment:

None.

Presentation of the Distinguished Service Award – State Senator Curtis Hertel, Jr. CEO, Sara Lurie thanked Senator Hertel for joining us in-person this evening, commenting that as his constituent and in her role as CEO, CMHA-CEI, it is really difficult to see him leave office. However, offered greatest admiration and appreciation for bringing his whole self into championing increased access to behavioral health services, whether it was making time to meet with us around legislative concerns, presenting at NAMI and CMHA-CEI events, or helping to

actively shape policy and budgets to improve the behavioral health landscape, he was always generously provided staff time, energy and ideas, never hesitating to connect with those we serve.....and actively using his platform to reduce the stigma associated with mental health services, and for that we thank you for all you have done to support our mission and to provide opportunities for improvement and expansion of services in the Capital Area and across the state.

With great pleasure, CMHA-CEI Board Chair, Al Platt presented a RESOLUTION HONORING STATE SENATOR, CURTIS HERTEL JR., AS THE RECIPIENT OF THE DISTINGUISHED SERVICE AWARD.

Additionally, Elizabeth Pratt, NAMI commented that State Senator, Curtis Hertel Jr., has helped to reduce suffering for many of the citizens in the Clinton, Eaton and Ingham Counties and thanked him for his dedicated and committed service to the community.

Senator Hertel, graciously accepted the Award and commented that he was honored to be recognized by CMHA-CEI and serve the public. He stated that he was proud of the work that has been done with regards to mental health and shared that it is his hope that he has made lives better along the way, although the state has under invested in the system for decades, and the focus remains on who pays what bill.

Additionally, Senator Hertel commented that he is hopeful that the legislators to come will take a look at the issues and make the necessary investments in the system. Stigma is one area that Senator Hertel feels we have not yet conquered, commenting that leaders should be willing to talk about personal struggles with mental health, and shared a personal story regarding seeking help after the passing of his father 6-years ago commenting that it is his belief that every person needs help at one time or another, as that is the whole nature of being a person!

In conclusion, Senator Hertel shared that he still has gifts and talents to share, and that if term limits did not exist he would love to continue serving in this capacity. However, is looking forward to what the future may hold for him.

Mid-State Health Network (MSHN) Update:

Board member, Joe Brehler reported that the MSHN Board of Directors had not met since the last CMHA-CEI Board of Directors meeting. Therefore, there was no report this month.

CEO REPORT

CEO, Sara Lurie introduced Morgan McKittrick, HR Hiring Manager who presented the

2022 CMHA-CEI Internship Program and Recruitment Initiatives. Highlights from the presentation included:

- Creation of Recruiter/Internship Liaison Position
- Main Business Partner for Interns and Managers
- Internal and external promotion of the program
- Creating buy-in for internal stakeholders with internship program
- Employer Perspective Increase ROI (developing future talent, reduction in onboarding and training cost, support local talent and schools)
- Student Perspective (real world application (mentorship/Coaching/Networking)
- Placed 50 Interns in Fall 2022 (increase of program buy-in, increase of Masters and Bachelors interns, and Internal business partners).
- Career Fairs (expanded reach: Northern Kentucky University, West Virginia University, and University of Indiana).
- Career Fairs (State of Michigan Michigan State University, MSU Mixers, University of Michigan, Wayne State University, and Detroit Mercy)
- Virtual Career Fairs
- New Recruitment Initiatives (Ingham County Fair, Jackson County Fair, Potters Park Recruitment & DEI Table)
- Michigan Works Initiatives (Lansing Juneteenth Celebration, Mock Interviewing for High School Students, Resume building assistance)
- Online Recruitment Efforts

Question:

Has having unpaid internships put CMHA-CEI at a disadvantage?

Answer:

No, CMHA-CEI offers Relief positions during internships and we have quite a few people who are currently doing that.

CEO, Sara Lurie concluded the CEO Report with the announcement that the legislative session has ended, so we will have a few weeks to see what develops. Additionally, reported that CMHA-CEI will be working with CMHAM to educate the new legislators coming on board and thanked everyone for their efforts this past year, commenting that our voices make a difference.

Special Recognition of Board Member, Emily Stivers

CEO, Sara Lurie shared with a heavy heart that tonight would be Board Member, Emily Stivers' last meeting as a member of the CMHA-CEI Board of Directors and presented her with a beautiful CMHA-CEI plaque, commenting that after 4 years Ms. Stivers will be moving on to use her precious time in other ways, reporting that Ms. Stivers has been a strong and steady voice for those we serve as well as a strong advocate in support of expanding access to behavioral health services. Additionally, Ms. Stivers has served as the Board Secretary and Finance Committee Chair, and has helped see the organization through many successes as we embraced becoming a CCBHC and challenges (including a global pandemic) in recent years. Her empathy, willingness to continue to learn and grow as a board member, and her strong, persistent, spirt inspires us all and has made a lasting mark at CMHA-CEI. In closing, Ms. Lurie shared that we will miss Ms. Stivers greatly around the table and on behalf of the CMHA-CEI Board of Directors, staff and those we serve, thanked Ms. Stivers' for her dedication and commitment and wished her well always!

Ms. Stivers expressed her profound gratitude to everyone for the last 4 years, commenting that it has been an honor and a pleasure serving alongside all of the board members; working with Sara and our amazing staff; and representing her community and Ingham County on this board.

Ms. Stivers shared how proud she is of what has been accomplished together, recalling that when she first started there being a lot of tension around phasing out certain program and building new ones to meet statewide standards, in which she is proud of the leadership in that time, and even more so during the pandemic. CMHA-CEI helped make Ingham County the model for the state in effective, efficient and equitable pandemic relief that included innovations in mental healthcare.

We were not perfect, but I think we did better than most other similar regions across the country, and I'm so proud of that!

Ms. Stivers commented that she was also proud of how we have treated our staff. Again, not perfect, especially during unprecedented times, but we have worked hard to make up for any mistakes we may have made. This board has advocated and pushed for fair compensation for all staff and for new programs to retain and attract top talent.

Ms. Stivers was so excited for all of the new projects that we started together, commenting that we continue to break barriers on a first of its kind Crisis Stabilization Unit, a care facility and emergency room alternative for those with urgent mental health needs, as well as pilot mobile youth mental health clinics that are partnering with community centers, libraries and schools to identify needs and better connect youth with services. Lastly, we are rapidly expanding the Families Forward program, providing wrap around services to families with youth mental health needs.

In closing, Ms. Stivers shared that it has been an honor and privilege to play a very small part in this work and offered a special thank you to all who made these projects and programs possible, especially the staff at CMHA-CEI, wishing everyone the best in continuing this work, and in all your future endeavors.

COMMITTEE REPORTS

Program & Planning Committee

New Expense Contracts

ACTION:

MOVED by Raul Gonzales and SUPPORTED by Tim Hanna that the Community Mental Health Authority of Clinton, Eaton, and Ingham Counties Board of Directors authorize CMHA-CEI to:

New Expense Contract: Inpatient Hospital Agreement

• contract with the provider below to purchase inpatient hospital services at the rates indicated below for the period of January 1, 2023 through September 30, 2023.

| Hospital | Code | Service | Unit | Rate** |
|---------------------|------|--------------------------|----------|---------|
| Michigan BH JV LLC, | 0100 | Inpatient Care: Adult, | Per Diem | \$1,047 |
| Beaumont Behavioral | | Children, and Adolescent | | |
| Health | | (All Inclusive) | | |

^{*}On rare occasions, consumers may be admitted to the hospital who require substantially higher amounts of one to one staffing than is typical, due to highly aggressive or self-injurious behavior. Payor shall prior authorize up to two days Enchanted Staffing Inpatient Psychiatric Services for Consumers in this situation on a case by case basis. Criteria for Enhanced Staff Inpatient Psychiatric Services are as follows:

^{1.} The Consumer must meet all of the Inpatient Admission Certification Criteria listed above (Diagnosis, Severity of Illness, and Intensity of Service).

^{2.} The Consumer is failing at least restrictive placement despite active treatment, with no exceptions of improvement in a timely manner, combined with risk factors to Customers or Hospital such as: Swallowing behavior on unit, aggression towards others, and/or extreme property destruction at such a level that Consumer requires constant attention from staff in order to prevent self-harm, harm others, or extreme property destruction.

New Expense Contract: Shalom Care, LLC

• enter into a new contract with Shalom Care, LLC, in addition to the provider's other licensed Adult Foster Care facilities as requested and approved by management to meet consumer need, to purchase specialized residential services at the rates below independent of any amount paid to the home for room and board as calculated in the consumer's ability to pay, for the period of December 1, 2022 through September 30, 2023.

| Facility(ies) | | |
|---------------|--------------------|----------------|
| Name | Address | License Number |
| Shalom Care | 1806 Opaline Drive | AS230412506 |
| | Lansing, MI 48917 | |

| Fee Schedule | | | | | | |
|------------------|---|-----------------|----------|-------------|--------------|---|
| Service Level | Service Description | Billing Code | Modifier | Unit | Base Rate | Rate Including DCW Premium Pay |
| Level II A | Community Living Supports and Personal Care in Licensed Specialized Residential Setting | H2016/T1020 | C2 | Per Diem | \$42.88 | \$106.05 |
| Level II AA | Community Living Supports and Personal Care in Licensed Specialized Residential Setting | H2016/T1020 | C2 | Per Diem | \$65.51 | \$128.68 |
| Level II AAA | Community Living Supports and Personal Care in Licensed Specialized Residential Setting | H2016/T1020 | C2 | Per Diem | \$88.14 | \$151.31 |
| Level II B | Community Living Supports and Personal Care in Licensed | H2016/T1020 | C2 | Per Diem | \$110.18 | \$173.35 |

| | Specialized Residential Setting | | | | | |
|----------------|---|-------------|-----|-------------|----------|----------|
| Level II BB | Community Living Supports and Personal Care in Licensed Specialized Residential Setting | H2016/T1020 | C'2 | Per Diem | \$126.87 | \$190.04 |

New Expense Contract: Jennifer Burgess

• enter into a new contract with Jennifer Burgess, in addition to the provider's other licensed Adult Foster Care facilities as requested and approved by management to meet consumer need, to purchase specialized residential services at the rates below independent of any amount paid to the home for room and board as calculated in the consumer's ability to pay, for the period of January 1, 2023 through September 30, 2023.

| Facility(ies) | | |
|---------------|--------------------|----------------|
| Name | Address | License Number |
| Golden Hearts | 3329 Westwood Ave. | AF330411512 |
| | Lansing, MI 48906 | |

| Fee Schedule | | | | | | |
|------------------|---|-----------------|----------|-------------|--------------|---|
| Service Level | Service Description | Billing Code | Modifier | Unit | Base Rate | Rate Including DCW Premium Pay |
| Level II A | Community Living Supports and Personal Care in Licensed Specialized Residential Setting | H2016/T1020 | C2 | Per Diem | \$42.88 | \$106.05 |
| Level II AA | Community Living Supports and Personal Care in Licensed Specialized Residential Setting | H2016/T1020 | C2 | Per Diem | \$65.51 | \$128.68 |

| Level II AAA | Community Living Supports and Personal Care in Licensed Specialized Residential Setting | H2016/T1020 | C2 | Per Diem | \$88.14 | \$151.31 |
|-----------------|---|-------------|----|-------------|----------|----------|
| Level II B | Community Living Supports and Personal Care in Licensed Specialized Residential Setting | H2016/T1020 | C2 | Per Diem | \$110.18 | \$173.35 |
| Level II BB | Community Living Supports and Personal Care in Licensed Specialized Residential Setting | H2016/T1020 | C2 | Per Diem | \$126.87 | \$190.04 |

MOTION CARRIED unanimously.

2023 Mid-State Health Network Corporate Compliance Plan ACTION:

MOVED by Raul Gonzales and SUPPORTED by Emily Stivers that the Community Mental Health Authority of Clinton, Eaton, and Ingham Counties Board of Directors approve the adoption of the 2023 Corporate Compliance Plan developed by the Mid-State Health Network as CMHA-CEI's Compliance Plan.

MOTION CARRIED unanimously.

Finance Committee

Revenue Contract Renewal: Ingham County, Office of Community Corrections ACTION:

Revenue Contract Renewal: Ingham County, Office of Community Corrections
MOVED by Raul Gonzales and SUPPORTED by Emily Stivers that the Community
Mental Health Authority of Clinton, Eaton, and Ingham Counties Board of Directors
authorize CMHA-CEI to enter into a contract renewal with the Ingham County Office
of Community Corrections to provide outpatient treatment in the Relapse Prevention
and Recovery Program (RP&R) for men and women who have been court ordered

upon completion of residential treatment services for the retroactive period of October 1, 2022 through September 30, 2023 and receive \$71,918 for those services.

MOTION CARRIED unanimously.

FY23 Dues – Community Mental Health Association of Michigan ACTION:

MOVED by Emily Stivers and SUPPORTED by Joe Brahler that the Community Mental Health Authority of Clinton, Eaton, and Ingham Counties Board of Directors authorize CMHA-CEI to provide payment of \$28,829 for FY23 membership dues to Community Mental Health Association of Michigan for the retroactive period of October 1, 2022 – September 30, 2023.

MOTION CARRIED unanimously.

Human Resources Committee

Fourth Quarter EEO Report

ACTION:

MOVED by Maxine Thome and SUPPORTED by Joe Brehler that the Community Mental Health Authority of Clinton, Eaton, and Ingham Counties Board of Directors accept the Fourth Quarter EEO Report for the period of July 1, 2022 through September 30, 2022.

MOTION CARRIED unanimously.

<u>Labor Relations Fourth Quarter Grievance Report</u>

ACTION:

MOVED by Maxine Thome and SUPPORTED by Raul Gonzales that the Community Mental Health Authority of Clinton, Eaton, and Ingham Counties Board of Directors accept the Fourth Quarter Labor Relations Grievance Report from the period of July 1, 2022 through September 30, 2022.

MOTION CARRIED unanimously.

Recipient Rights Committee

<u>Desired outcomes for the RRO and Recommendations to the CMHSP Board ACTION:</u>

MOVED by Maxine Thome and SUPPORTED by Raul Gonzales that the Community Mental Health Authority of Clinton, Eaton, and Ingham Counties Board of Directors approve the 2022 "Desired Outcomes for the Recipient Rights Office" and the 2022 "Recommendations to the CMHSP Board" recommended by the Recipient Rights Committee. These recommendations will be submitted as part of the CEI Recipient Rights Annual Report to the Michigan Department of Health and Human Service, Office of Recipient Rights.

MOTION CARRIED unanimously.

Recipient Rights Quarterly Report: July 1, 2022 – September 30, 2022 ACTION:

MOVED by Maxine Thome and SUPPORTED by Raul Gonzales that the Community Mental Health Authority of Clinton, Eaton, and Ingham Counties Board of Directors accept the Recipient Rights Quarterly Report for the period of July 1, 2022 – September 30, 2022.

MOTION CARRIED unanimously.

Community Access Committee (CAC)

Dianne Holman, Chair of the Community Access reported that Joel Hoepfner presented at the November 28, 2022 meeting and offered an opportunity for dialogue and engagement regarding the Behavioral Health Council, CHIP process, development of an Action Plan which aligns the community based on need assessment and allows for increased access, reduction of stigma engaging both private and public sectors as well as looking at disparities in the mental health system.

Kay Randolph-Back made a remark that Joel Hoepfner is doing a fantastic job with his work as it relates to the Behavioral Health Council and fostering partnerships in the community, and commented that his work is very heartening!

Consumer Advisory Council (CAC)

CAC Board Liaison, Raul Gonzales provided the following overview of December 1 meeting. Highlights included:

- CAC Member Recruitment Plan Orientation Packet/Interview Questions/Membership
- Review Program & Planning (P&) "Draft" Agenda
- MSHN Regional Consumer Advisory Council (RCAC)
- Legislative Updates

- VOICES Newsletter
- Announcement: CMHA-CEI Annual Community Event scheduled for Monday, April 3, 2023, at the Lansing Center.
- Announcement: Prior to the board meeting on Thursday, December 15, 2022, State Senator Curtis Hertel, Jr., will be presented with the Distinguished Service Award. Hors d oeuvres will be served beginning at 5:30 p., and the board meeting will begin at 6:00 pm.

The next regularly scheduled meeting is scheduled for January 5, 2023, and will be held via Zoom.

Unfinished Business

- MH Parity
- Prominent Grant Funding
- Development of Consumer Advisory Council Advisory Role

Board Member, Kay Randolph-Back Thanked Consumer Advisory Council (CAC) liaison, Raul Gonzales for comments made in previous CAC meetings suggesting consideration be given as a strategy in development of our CCBHC and model to increase the per diems for CAC members in support of members offering meaningful input to governing board, which is a requirement of the federal agency.

Additionally, Kay Randolph-Back requested that the per diem rate be reviewed for members of the CMHA-CEI Board of Director, commenting that it's been over a decade, if not longer since this has been reviewed, reporting that board members currently receive \$40.00 per diem stipend payments.

Board member, Emily Stivers advised that Ingham County recently increased per diem payments for their board, and other entities.

New Business

<u>Proposed 2023 Calendar of Board and Committee Meeting Schedule ACTION:</u>

MOVED by Joe Brehler and SUPPORTED by Ken Mitchell that the Community Mental Health Authority of Clinton, Eaton, and Ingham Counties Board of Directors approve the 2023 Calendar of Board and Committee Meeting Schedule.

MOTION CARRIED unanimously.

Public Comment

Daniel Arnold reflected back on how far he has come since his first CMHA-CEI Board of Directors meeting in May, 2019, and shared that now is an incredible time to interact with several community partners and grow. Daniel also shared that he has been accepted into the Introductory Criminal Justice class, in which he is super excited and thanked CMHA-CEI for the services that they continue to provide to the community as well as the promotional items (tooth brush kits, umbrellas, back packs) on behalf of consumers in which we serve.

Board Member, Dale Copedge announced that he will be wrapping up his 6-year term as NAACP President effective December 31, 2022, and thanked CMHA-CEI Board of Directors for their gracious support to NAACP, and asked for their continued support for the new President once announced.

Board member, Joe Brehler thanked the board, community partners and staff for their hard work and dedication during 2022 and wished everyone a safe, happy and enjoyable holiday.

MLK Holiday Commission Luncheon – Monday, January 16, 2023 @ 11am
Board Secretary, Aleshia Echols reminded board members that CMHA-CEI has purchased seats at the upcoming Martin Luther King Holiday Commission celebration scheduled for Monday, January 16, 2023 at the Lansing Center. Doors open at 10:30 am, with the program starting at 11:00 am. Anyone interested in tickets, should see Aleshia following the meeting.

Motion to go into Closed Session

ACTION:

MOVED by Joe Brehler and SUPPORTED by Ken Mitchell that the Community Mental Health Authority of Clinton, Eaton, and Ingham Counties Board of Directors go into closed session for the purposes of discussing a possible legal settlement at 7:16pm.

MOTION CARRIED unanimously.

Motion to come out of Closed Session

ACTION:

MOVED by Dale Copedge and SUPPORTED by Tim Hanna that the Community Mental Health Authority of Clinton, Eaton, and Ingham Counties Board of Directors come out of closed session for the purposes of discussing a possible legal settlement at 7:37 pm

MOTION CARRIED unanimously.

Legal Settlement

ACTION:

MOVED by Emily Stivers and SUPPORTED by Raul Gonzales that the Community Mental Health Authority of Clinton, Eaton, and Ingham Counties Board of Directors Accept the recommendation made by legal counsel.

MOTION CARRIED unanimously.

Adjournment

The meeting adjourned at 7:40p.m. The next meeting is scheduled for Thursday, January 19, 2023, beginning at 6:00 p.m., and will take place at 812 E. Jolly Road, Atrium.

Minutes Submitted by: Aleshia Echols Executive Administrative Assistant