### A message from Karla Block

#### Director of Community Services for the Developmentally Disabled



For those of you following along with our HCBS transition plan, you will note that the closure of CMHA-CEI's first program site is soon. The Transitions Charlotte program has been working up to this moment over the past three months, taking steps to prepare all (those receiving services, their family members, and staff) for the shift out of the building site, and into the community with a focus on Skill Building activities.

For those receiving services, this process had the individual and others that they chose (their "circle of support") meet with case managers to work through the "Full Life Level of Care" tool to see what level of resources would be found to meet medical necessity. Once this was done, people could choose where to use resources in ways that have the most meaning to them. As you might guess, some people are using their resources in new and bold ways, while others are choosing to stick to more familiar forms of support and service. Staff have also been doing "test runs" of Skill Building activities with people, and have been developing their skills to move to new required forms of documentation. Although this change has been challenging, it's been exciting to hear of new successes and interests along the way!

CSDD is working on plans for training opportunities for people and family members in an effort to connect with the Disability Network Capital Area (DNCAP). These Community Conversations will include an introduction to DNCAP including peer advocacy, cooking, art, and technical benefit expertise, amongst other topics. Interested folks can reach out directly to Kellie Blackwell at 517-999-7524 or <a href="mailto:kblackwell@dncap.org">kblackwell@dncap.org</a> to ask questions or schedule individual appointments. As group sessions around the tri-county area are planned, information about specific Community Conversation sessions will be announced.

PCP/Shift to

July 31, 2019

September 30, 2019

Location	Begins	Integration Complete
Charlotte	November 2018	January 31, 2019
Grand Ledge	December 2018	February 28, 2019
St. Johns	January 2019	March 31, 2019
Mason	February 2019	April 30, 2019
Central	March 2019	May 31, 2019

April 2019

May 2019

South

North

**Transitions Site Timelines** 

#### Did you miss the Expo?

In November CSDD hosted the Community Connect Expo at the Lansing Center. If you missed it, you can find the break-out session presentations and contact information for agencies who participated on our website.

Presentation material about available services: <a href="http://ceicmh.org/services/csdd/hcbs-">http://ceicmh.org/services/csdd/hcbs-</a> information

Connect with agencies who were at the Expo: <a href="http://ceicmh.org/ceo/doc\_download/905-community-connect-expo-provider-list">http://ceicmh.org/ceo/doc\_download/905-community-connect-expo-provider-list</a>

If you did attend the Expo we would love your feedback! Please take the survey online at <a href="http://survey.constantcontact.com/survey/a07">http://survey.constantcontact.com/survey/a07</a> <a href="eg0b5qtpjqr4ru6u/start">eg0b5qtpjqr4ru6u/start</a>





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# Check out these community resources!



## Service leadership for adults with disabilities.

Like anyone with a desire to serve others, adults with disabilities want to be an integral part of their communities. For the program's nearly 12,000 members, Aktion Club makes it happen. Want to know more? You'll find inspiration, information, and resources online: <a href="https://aktionclub.org">https://aktionclub.org</a>

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