



**Community**  
MENTAL HEALTH  
CLINTON • EATON • INGHAM

**BOARD OF DIRECTORS  
MEETING MINUTES  
Thursday, December 19, 2019  
6:00 p.m.  
812 E. Jolly Road, Atrium  
Lansing, MI 48910**

**Staff Present:**

**Shana Badgley, Mary Betterly, Sharon Blizzard, Karla Block, Janice Bowser, Stacia Chick, Dawn Cool, Melissa Coussens, Gloria Doebler, Aleshia Echols, Joanne Holland, Sunny Howard, Kim Kienitz, Sara Lurie, April Poyer, Emily Simpson, Tiffany Sims, Ericanne Spence, Joyce Tunnard, Ranee Murphy, Winston Thomas, Gwenda Summers, Bruce VanKersen**

**Excused: Jennifer Stanley, MD.**

**Union Representation**

**Naudia Fisher, Local 459**

**Call to Order**

**The meeting was called to order by Board Chair, Jim Rundborg at 6:03 p.m.**

**Roll Call**

**Joe Brehler, Dale Copedge, Raul Gonzales, Dianne Holman, Al Platt, David Pohl, Kay Pray, Kay Randolph-Back, Jim Rundborg, Emily Stivers, Maxine Thome**

**Excused (advance notification provided)**

**Paul Palmer**

**Previous Meeting Minutes:**

**ACTION**

**MOVED by Kay Randolph-Back and SUPPORTED by David Pohl to approve the**

meeting minutes of November 21, 2019.

**MOTION CARRIED unanimously.**

**Adoption of Agenda:**

**MOVED by Raul Gonzales and SUPPORTED by David Pohl to approve the revised meeting Agenda of December 19, 2019 with the following additions:**

- **Under Recipient Rights Committee, the addition of action item II entitled: "Desired Outcomes for the RRO" and "Recommendations to the CMHSP Board".**
- **Under Old Business, the addition of item a., 2<sup>nd</sup> Reading of Bylaws for Discussion and Approval. At the request of Kay Randolph-Back add Amending, Adopting and Voting as the board will be voting on approving the bylaws this evening should they wish to entertain a Motion.**
- **Under New Business, the addition of item c., entitled: Board/Leadership Strategic Planning Retreat.**

**MOTION CARRIED unanimously.**

**Public Present:**

**Tasha Stetler, TCOA shared that CMH volunteers have been assisting with programs at Tri-County Office on Aging for over a decade. CMH clients are important volunteers for TCOA, they help greet dining site participants, help set up dining sites for serving meals, help serve meals, clean dining rooms, wash dishes, deliver meals on wheels (many different routes), and fold and assemble brochures and information packets. At the creative side at dining sites they help decorate, color placemats, arrange flowers, play bingo and other games. People care about them because they share smiles, are eager to help, promote conversation, care about the other participants.**

**Tri-County Office on Aging has state and health department regulations including safe food handle and confidentiality policies that need to be followed, the Skill Building Technicians that accompany the CMH clients have been great at making sure tasks are done correctly.**

Naudia Fisher, Local 459 Union Representative

The last day of employment for 23 Skill Building Technicians is scheduled for tomorrow (December 22, 2019). Due to the fact that the new program does not have enough consumer enrollment and buy-in to sustain employment. These are long-time employees who have dedicated their lives to CMH and the people we serve. It is alarming to realize that even those that have worked here for 15-20 years will not have jobs. Ms. Fisher pleaded with the board to be creative and find work for the 23 employees who are being laid off.

Andrea Manchip, reported having 26 years of employment with CMHA-CEI and shared that she has been in skilled building for the past 10 months. Her team was the first to transition, not necessarily because they agreed. However, skill building was built based on very little input from day to day staff and for the most part we were still able to come up with a service that has been successful. However, this is an ever evolving process. In light of the recent cuts we have been made aware of and the huge changes that will come based on this decision, the following letter was emailed to the CEO, CMHA-CEI Board Directors, and the Director, CSDD just prior to this evenings meeting which reads as follows:

We are writing to you today on behalf of the people currently served through the community based Skill Building Services offered through CMHA-CEI. Our intent with providing this information is that you are able to understand the larger picture of Skill Building Services and that the changes being made, most recently the cutting of Skill Building staff from 23 Technicians to 11 Technicians, are not in the best interest of the people we serve at CEI. *As an agency we support positive mental health.*

We all understand that changes need to be made to the current model in order to continue to build the service. The current change in staffing model will inhibit the ability to continue to grow the service. Why would one choose to drastically change the model, that is currently successful, without the opportunity for input from the people actually providing the service or the people being served? What data is there to indicate this new model will be successful if there has been no consideration to the things we have learned in the last 9 months, while creating and implementing this new service? Why was such a concrete decision made in such an uncertain time?

Below you will find many of our concerns with the new staffing model and how it has already and will continue to negatively affect the integrity and continuity of the Skill Building service provided.

- **There has been a lack of consistency and continuity for the people being served in Skill Building.**
  - **This next shift in staffing will result in the fourth change of staff for some individuals during their skill building process. With each new staff the trust process starts over and regression happens, slowing down or stopping the forward progression. In anticipation of the recent staffing change being implemented several people currently served have decided to dis-enroll from Skill Building Services.**
  - **Many volunteer sites require each new staff to complete new applications and background checks before starting at their site which takes additional time away from specific direct service with the person served.**
  - **Many volunteer sites have become leery of this service as it continues. Skill Building staff have worked extremely hard in the past 9 months to educate the community about the change to Skill Building services and to get buy-in from employers and site staff to help support people in their process towards inclusive independence. Without consistency we are jeopardizing the relationships we have recently built with our community partners as they are not able to depend on consistent support for the people they have hired.**
  - **There is no flexibility in the new model. All staff schedules are completely full with little room for quick movement. Should a job opportunity arise for the person there is no longer the flexibility to alter the daily schedules to accommodate the needs and/or job coaching needs of the person.**
  - **The next staffing shift does not provide much ability for choice within the Skill Building for the person. There will much less ability to choose staff, specific days and/or times of service. This contradicts the principals of Person Centered Planning.**
  
- **The Transitions programs were closed to come into compliance with HCBS rules. We all have our opinions about those closings. We, the people served, families and staff, have asked for more communication and transparency with HCBS, the processes and changes, and moving forward. It has been said many times by administration that they would be as transparent as they possibly could. With that said:**
  - **The “Skill Building /CSDD Relaunch” on December 4 did not involve input from the Skill Building Specialists, Technicians or participants.**
  - **There was never an attempt before the day of the layoff meeting, December 9, to communicate with those affected. The Skill Building**

Specialists were also told they could not attend the meeting and had to learn about the changes from an email from Karla Block later that evening.

- Staff have struggled most recently with the options put before them in the layoff/residential plan. As they tried to make their choices for their futures, there was very little reassurance from administration that the skill building service was going to actually continue. There had been no communication from administration. Karla Block finally put out an email confirming her intention with Skill Building Services at 8:30pm on December 18, three hours after the layoff decisions by the Technicians had to be made.
- With such a drastic change in staffing ratio it was assumed by the Specialists and the Technicians that there was a plan to meet the need with less staff. On December 11 during their weekly meeting the Skill Building Specialists were asked to help create the plan on how to progress with the new “givens”/changes. It was clear at that meeting that there was little to no thought on a plan moving forward and it was unclear as to what needed to be changed and why.
- As of today there has been no communication to the people served or their supports regarding this staffing/model change. The letter to be sent next week only identifies the specific change of their staff and who to contact with questions. There is no transparency about what is happening with Skill Building Services to anyone inside or outside of our CMHA-CEI.
- The re-working of staff schedules included discussing and making decisions on prioritizing people’s needs within skill building services for those currently enrolled.
  - A basic guideline was emailed to the Specialists related to how to reorganize the staffing and a meeting was held on Friday, December 13, to re-work the staff schedules.
  - Skill Building is not a black and white service. The current Skill Building service serves people and provides person centered service. It continually ebbs and flows based on where people are in their process. The numbers are not going to be consistent because people are different and all have different paths to their goals. Why would such a drastic staffing model decision be based on only 10 months of data that included the staggered closing of the Transitions programs?
  - A decision has been made that each staff will complete face to face skill building for two, three hour blocks each day they work which is equivalent to 92 blocks. As of December 10 we were serving skill

building participants during 125 blocks per week. With the new current number of skill building staff and using the new staffing model we are 33 blocks short to continue to serve people the same way we had in the previous week. The new model also does not allow people the ability to increase their skill building time with the same Technician once specific work or volunteer sites are identified.

- While re-working staff schedules the Specialists were asked who could move through the rest of their skill building process more quickly to free up additional blocks. We also discussed people served that are not benefitting from skill building and were asked to talk with their team about desire to continue, some more quickly than their 90-day review.
- Below is an example of a Skill Building schedule for one staff. This type of structure does not allow for adaptability and flexibility. It allows for one, three-hour Skill Building block per person in order to accommodate all the individuals currently served. The people we are serving require an ongoing consistent schedule in order to build a routine and learn skills. Three hours of service per week, during one session is not conducive to helping people learn and move forward in their Skill Building process. Most individuals may start the exploration phase with one block. Many will progress to at least another block if not more per week based on the needs of the volunteer site. The blocks also need to be flexible enough to accommodate the days and times the site is requesting the person to work.

**Skill Building Staff Schedule Example:**

<b>Times</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
9a-12n	Skill Building				
12p-12:30p	Drive time to/from				
12:30p-1p	Paid breaks				
1p-4p	Skill Building				
4p-4:30p	Drive time to/from				
4:30p-5:00p	Paperwork	Paperwork	Paperwork	Paperwork	Paperwork

To sum up, we all realize that fluctuation and change is inevitable and as a team; the Board, the CEO, the Director, the Supervisor, and the Skill Building staff and participants, we can continue to create and build a service that is seen as beneficial and desired by all. We are asking that you have a complete knowledge of the information the most recent staffing changes were based on and the recourse of these decisions. We are also asking for additional transparency in communication, an ability to provide factual input based on the current work we are doing and for those factors to be considered in any decision that is made going forward. The Skill Building staff are an integral part of creating a successful service. Everyone needs to be vested in the same philosophy and trust that they are being heard in order to provide the best service we can to the people we serve.

Signed by:

Andrea L. Manchip, MSW, LMSW  
Eaton County Skill Building Specialist

Beverly Brocks, MSW, LBSW  
Ingham County Skill Building Specialist

Kristin Emerick, LLBSW  
Ingham County Skill Building Specialist

Shane Simon, BA, RSST  
Vocational Specialist

Winston Thomas, MS, RSST  
Ingham County Skill Building Specialist

**ACTION:** Andrea Manchip stated that in summary the letter addresses the lack of consistency. With our help we are requesting to assist with the recreation of a plan and work as a team and gather information as a team.

Carol Fisher reported that she has 30 plus years of service with CMHA-CEI. Currently, I am a skill builder. I reiterate what Andrea said, from the beginning, we have never been involved! Whole skill building based on lies. My concern is for the consumers. Right now, I have 5 people that I am serving. Parents are wondering what is going on and asking the questions, why is my son and/or daughter sitting at home? I understand that there is a waiting list? We need to work as a team. Why are

we not working as a team and everything is so secretive? 20 years ago, programs got closed but nobody got laid off. No management has been laid off!

James Olmstead reported being with CMHA-CEI for the past 19 years and asked where is the accountability for the disaster of this layoff? In any other setting, leaders would be fired! We are an agency of people! We've been lied to and told that there are waiting lists for people to get in to skill building. This is not true! I've shadowed in skill building. It is a joke. People will not be called back to work! Other programs did what they did with a bias heard from Karla Block. The legacy of this regime is going to be disastrous! This agency is starting to mirror what this country has come to! Consumers should come first! We are viewed as low level employees but I don't see coordinators deescalating consumers.

To address what Sara Lurie stated earlier, where do you see the growth in the Skill Building program? This program has been built on lies and hope. I don't say that as a disgruntled employee, but as someone who has seen Day Programs and the consumers that love them no longer have them. Many time Leaders are so out of touch or far removed that they really don't understand. Out of the mouth of Karla Block, we were told that CLS programs are flourishing when in reality, it is just the opposite. I ask that every piece of this program is investigated. This is crushing lives for consumers and employees.

### Special Acknowledgements

CEO, Sara Lurie reported that it is with a heavy heart that we must recognize that tonight is the last meeting for Kay Pray as a member of our Board of Directors. After 14 years Ms. Pray is moving on to use her precious time in other ways.

Kay, you have been a strong and steady voice for those we serve, you served as our Board Chair and Recipient Rights Chair multiple times, and you have seen this organization through many successes and challenges over the years. I think I can speak for all of us in saying that your kindness, willingness to continue to learn and grow as a board member, and your strong, persistent, spirit despite adversity, inspires us all and has made a lasting mark here. We will miss you greatly around this table and on behalf of the Board, staff and those we service, we thank you for your dedication and commitment these past 14 years and we wish you well always, Happy Birthday to you as you enjoy your birthday tomorrow.

Kay Pray replied that, it has been an honor to be part of this board. She stated that she got on the board as a consumer, a substance user, now 20 years clean (applause). Ms. Pray stated that she has always fought for the consumers and shared that

programs and services were not in place when her mother needed these type of services. However, personal things are pulling her away at this time and it is very important that she spend time with her family.

Board Chair, Jim Rundborg echoed CEO, Sara Lurie's sentiments and once again thanked Ms. Pray for her dedicated and committed service over the years.

### Mid State Health Network Update

No report.

### CEO Report

CEO, Sara Lurie thanked those individuals who spoke so passionately regarding the Skill Building layoffs and stated that she knows that there is little that she can say at this time to ease the pain and that whatever she says will likely ring hollow to those impacted. But, I thank you all for being here today, speaking your mind, supporting each other, and for the unwavering dedication and care you have always provided to the individuals we serve.

As an organization, we have had to in the past and will continue to have to make difficult decisions. Decisions that bring difficult changes and disruption to the way we operate. Sometimes based on funding, sometimes based on state or federally mandated requirements, and sometimes in preparation for an uncertain future....and as a public behavioral health provider we have been subjected to a tremendous amount of threat uncertainty, and change over the past few years.

The decision to go forward with a lay-off was a decision that I did not want to have to make. It has impacts on the people we serve and especially on our staff and their families. I regret that in our planning we were not able to accurately predict enrollment and anticipated we would be in a different spot at this point. It is clear that running the old model while building the new model over the course of last year took its toll on everyone.

However, the new model has shown great progress, plans to continue to promote and educate about the service is underway and I remain hopeful that our new model will stabilize and continue to develop and grow and over time we will be recalling people back to work. I am also aware that we are a large organization with other opportunities that staff may be recalled to as well.

I will review the information provided today and follow up to better understand the scheduling information that has been shared today if there are flaws in the system

being used we will fix it. We continue to have HCBS as a regular standing item at P&P and I can provide additional information at the January meeting.

Program & Planning Committee

New Expense Contract: Green Cab of Lansing

ACTION:

MOVED by Raul Gonzales and SUPPORTED by David Pohl that the Board of Directors of Community Mental Health Authority of Clinton, Eaton, and Ingham Counties authorize CMHA-CEI to enter into a contract with Green Cab of Lansing, and agree to pay the below rate schedule for the retroactive period of October 1, 2018 through September 30, 2019.

LANSING AIRPORT SERVICES	Pickup	Drop off
LANSING	\$20.00	\$17.00
EAST LANSING	\$26.00	\$23.00
OKEMOS	\$31.00	\$28.00

ALL OTHER CITIES \$2.00 PER MILE OR \$25 WHICHEVER IS GREATER	
WAIT TIME PER MINUTE \$0.50	
CLEAN UP or DISCHARGE OF BODILY FLUIDS-INSIDE CAR	\$75.00

OUT OF AREA FEE (+\$3.00)	
CREYTS RD	+\$3.00
STATE RD	+\$3.00
MARSH	+\$3.00
WILLOUGHBY/BISHOP	+\$3.00

OUT OF AREA (Minimum)	
Okemos to Okemos \$15.00	
Haslett to Haslett, Holt to Holt, Okemos to Haslett	\$18.00
Grand Ledge to Grand Ledge, Williamston to Williamston, Mason to Mason, Dewitt to Dewitt	\$25.00

MOTION CARRIED unanimously.

New Expense Contract: Beacon Specialized Living Services, Inc.

ACTION:

MOVED by Raul Gonzales and SUPPORTED by Dianne Holman that the Board of Directors of Community Mental Health Authority of Clinton, Eaton, and Ingham Counties authorize CMHA-CEI to enter into a new contract with Beacon Specialized Living Services, Inc. to purchase crisis residential services and pay the rate(s) listed below. The contract period will have an effective date contingent upon full licensure and will continue through September 30, 2020.

Service	Billing Code	Unit	Rate
Crisis Residential Services	H0018	Per Diem	\$530.00*

\*If the overall occupancy of the facility is 83.4% or over on any given day, CMHA-CEI's per diem rate will be \$500.00.

MOTION CARRIED unanimously.

Finance Committee

ACTION:

MOVED by Joe Brehler and SUPPORTED by Maxine Thome that the Board of Directors of Community Mental Health Authority of Clinton, Eaton, and Ingham Counties authorizes:

Lease Contract Renewal: 566 N. Cedar Street, Five Star Store It. (Mason Rural Outreach Program)

- CMHA-CEI to renew the lease of property at 566 N. Cedar Street, Mason, Michigan, from Five Star Store It, for the period of January 15, 2020 to January 14, 2025 at a cost each year as noted by the aforementioned payment schedule.

Additional Funding: Mid-State Health Network SAS Revenue Contract

- CMHA-CEI to enter into a contract amendment to accept an increase in funding from Mid-State Health Network to provide services for the Eaton County Jail RSAT program for the period of October 1, 2019 through September 30, 2020. The amount of the additional funding is \$99,033 and will be Cost Reimbursed.

**Expense Contract Renewal: Cornerstone II, Inc. (Tracie Hernandez) – Cornerstone II AFC**

- CMHA-CEI to enter into a contract renewal with Cornerstone II, Inc. to purchase specialized residential services at the location listed below, in addition to the provider’s roster of licensed Adult Foster Care facilities that have their special certifications approved by LARA, as requested and approved by management to meet consumer need, and pay a per diem rate of \$225.00 for service codes H2016 and T1020, independent of any amount paid to the home for room and board as calculated in the consumer’s ability to pay, for the retroactive period of October 1, 2019 through September 30, 2020.

Facility Name	Facility Address	License Number
Cornerstone II AFC	157 W. Garfield Coldwater, MI 49036	AS120265532

**Revenue Contract Renewal: Michigan Department of Health and Humans Services, Comprehensive Services for Behavioral Health, Hispanic Behavioral Health Services**

- CMHA-CEI to enter into a contract renewal with MDHHS to provide mental health services to the portion of the Hispanic population whom do not have Medicaid within Clinton, Eaton and Ingham Counties for the retroactive period of October 1, 2019 through September 30, 2020 and receive \$35,379 for those services.

**Expense Contract Renewal: Guardianship Services**

- CMHA-CEI to enter into contract renewals with the list of public guardians below to purchase guardianship services for the retroactive period of October 1, 2019 through September 30, 2020, and pay \$67.35 per month, per consumer for those services.

Guardian	Address
Brian E. Madar	117 W. Main St., Dewitt, MI 48820
Mid-Michigan Guardianship Services	600 W. Maple, Suite C, Lansing, MI 48906
Tri-County Guardianship	3217 W. Saginaw St., Lansing, MI 48917
Carolyn Bovee	P.O. Box 80951, Lansing, MI 48820

Catherine Jacobs	4333 Lynn Street, Holt, MI 48842

**Expense Contract Renewal: Community Based Interventions (CBI) Rehabilitation Services, Inc.**

- CMHA-CEI to enter into a contract renewal with Community Based Interventions (CBI) Rehabilitation Services, Inc. to purchase the services listed below for the retroactive period of October 1, 2018 through September 30, 2020.

Service	Billing Code	Unit	Rate
Skill Building	H2014	15 Minutes	\$9.38

**Expense Contract Renewal: Alternative Services, Inc. – Martin Home**

- CMHA-CEI to enter into a contract renewal with Alternative Services, Inc. to purchase specialized residential services at Martin Home, located at 11410 Lennon Road, Lennon, MI 48849 and pay a per diem rate of \$328.27 for service codes H2016 and T1020, independent of any amount paid to the home for room and board as calculated in the consumer’s ability to pay, for the retroactive period of October 1, 2019 through September 30, 2020.

**Expense Contract Renewal: Moore Living Connections – Moore Living Connections 1 and Moore Living Connections 2**

- CMHA-CEI to enter into a contract renewal with Moore Living Connections to purchase specialized residential services at the locations listed below and pay a per diem rate of \$76.41 for service codes H2016 and T1020, independent of any amount paid to the home for room and board as calculated in the consumer’s ability to pay, for the retroactive period of October 1, 2019 through September 30, 2020.

Facility Name	Facility Address	License Number
Moore Living Connections 1	1401 Georgetown Blvd. Lansing, MI 48911	AL330007014
Moore Living Connections 2	1409 Georgetown Blvd. Lansing, MI 48911	AL330007013

**Expense Contract Renewal: Peckham, Inc. – House of Ruth**

- CMHA-CEI to enter into a contract renewal with Peckham, Inc. to purchase specialized residential services at House of Ruth AFC, located at 625 Tirrell Road, Charlotte, MI 48813 and pay a per diem rate of \$50.14 for service codes H2016 and T1020, independent of any amount paid to the home for room and board as calculated in the consumer’s ability to pay, for the retroactive period of October 1, 2019 through September 30, 2020.

**Expense Contract Renewal: Spectrum Community Services**

- CMHA-CEI to enter into a contract renewal with Spectrum Community Services to purchase the services listed below for the retroactive period of October 1, 2019 through September 30, 2020.

Service	Billing Code	Unit	Rate
Support Coordination	T1016	15 Minute	\$64.52
Psychiatric Services	99214	Event	\$155.50
Community Living Supports	H0043	Day	\$285.84
Psychotherapy, 38-52 min	90834	Event	\$85.68

**MOTION CARRIED unanimously.**

**ACTION:**

**MOVED** by Joe Brehler and **SUPPORTED** by Maxine Thome that the Board of Directors of Community Mental Health Authority of Clinton, Eaton, and Ingham Counties authorizes:

**Revenue Contract Renewal: Ingham County Justice Complex Millage for Jail Mental Health Service Expansion**

- CMHA-CEI to approve the contract renewal with Ingham County Justice Complex Millage contract totaling \$556,614. This funding will fund a full time Program Coordinator for the term of January 1, 2020 through December 31, 2020.

**Expense Contract Renewal: Case Management of Michigan, Kalamazoo, MI 49003**

- CMHA-CEI to enter into contract renewal with Case Management of Michigan to purchase the services listed below from Case Management of Michigan for the retroactive period of October 1, 2019 and ending September 30, 2020.

Service	Code	Unit	Authorized Rate
Case Management	T1017	15 Minute	\$100.00
Mental Health Service Plan Development BTP	H0032	Per encounter	\$450.00
Comprehensive Evaluation Monitoring	H2000TS	Per encounter	\$175.00
Assessment, Treatment Plan	T1017	15 Minute	\$100.00
Medication Review	99213	Encounter	\$75.00
Nursing Evaluation	T1001	Encounter	\$100.00
RN Services	T1002	15 Minute	\$75.00
Group Therapy	90853	Encounter	\$45.00
Medication Injection	96372	Encounter	\$21.00
Psychiatric Evaluation	90791	Encounter	\$100.00

**Revenue Contract Renewal: Peckham, Inc.**

- CMHA-CEI to renew the contract with Peckham, Inc. for the retroactive period of October 1, 2019 through September 30, 2020.

**MOTION CARRIED unanimously.**

**ACTION:**

**MOVED** by Joe Brehler and **SUPPORTED** by Kay Pray that the Board of Directors of Community Mental Health Authority of Clinton, Eaton, and Ingham Counties authorizes:

**Revenue Contract Amendment: Wayne State University (funded by Michigan Department of Health and Human Services)**

- CMHA-CEI to amend the contract with Wayne State University to provide TFCO for the period of October 1, 2019 to September 30, 2020 and receive \$367,181 for those services provided.

**Revenue Contract: Additional Funding: Mid-State Health Network SAS**

**ACTION:**

- CMHA-CEI to enter into a contract amendment to accept an increase in funding from Mid-State Health Network to provide services for the Eaton County Jail RSAT program for the period of October 1, 2019 through September 30, 2020. The amount of the additional funding is \$99,033 and will be Cost Reimbursed.

**MOTION CARRIED unanimously.**

**Consumer Advisory Council**

**Raul Gonzales provided a snapshot of the December 2019 CAC Report. Highlights included the following:**

- Regional Consumer Advisory Council (MSHN) Membership Update
- MDHHS Vision for Behavioral Health Redesign
- Home and Community Based Services (HCBS)
- Certified Community Behavioral Health Clinics (CCBHC)
- Census 2020 Project and Subcommittee Update
- Newsletter Development: 1st Edition Brainstorming

**Human Resources**

**Fourth Quarter EEO Report**

**ACTION:**

**MOVED by David Pohl and SUPPORTED by Raul Gonzales that the Board of Directors of Community Mental Health Authority of Clinton, Eaton, and Ingham Counties accept the Fourth Quarter EEO Report from the period of July 1, 2019 through September 30, 2019.**

**MOTION CARRIED unanimously.**

**Fourth Quarter Labor Relations Grievance Report**

**MOVED** by David Pohl and **SUPPORTED** by Raul Gonzales that the Board of Directors of Community Mental Health Authority of Clinton, Eaton and Ingham Counties accept the Fourth Quarter Labor Relations Grievance Report from the period of July 1, 2019 through September 30, 2019.

**MOTION CARRIED** unanimously.

**Recipient Rights Committee**

**Quarterly Report: July 1, 2019 – September 30, 2019**

**ACTION:**

**MOVED** by Kay Pray and **SUPPORTED** by Maxine Thome that the Board of Directors of Community Mental Health Authority of Clinton, Eaton, and Ingham Counties accept the Quarterly Report: July 1, 2019 through September 30, 2019.

**MOTION CARRIED** unanimously.

**“Desired Outcomes for the RRO” and “Recommendations to the CMHSP Board”**

**ACTION:**

**MOVED** by Kay Pray and **SUPPORTED** by Raul Gonzales that the Board of Directors of Community Mental Health Authority of Clinton, Eaton, and Ingham Counties authorize the 2019 “Desired Outcomes for the Recipient Rights Office” and the 2019 “Recommendations to the CMHSP Board” suggested by the Recipient Rights Committee. These recommendations will be submitted as part of the CEI Recipient Rights Annual Report to the Michigan Department of Health and Human Service, Office of Recipient Rights.

**MOTION CARRIED** unanimously.

**Community Access Committee**

Dianne Holman, Chair reported that there was a meeting on Monday, November 25<sup>th</sup>. Highlights from that meeting included the following:

- Review of the Perception Survey
- Presentation by Wendy Tackett, Evaluator for the CCBHC grant of the Annual Evaluation Report, 1 year

Ms. Holman referred the board to a copy of the meeting minutes which are included in this evening’s packet for review and information.

## OLD BUSINESS

2<sup>nd</sup> reading scheduled for December CMHA-CEI Board of Directors meeting.

Discussion ensued.

During discussion, two issues were raised:

1. Term Limits
2. The understand that the language regarding the board Executive Committee selecting the Chair for each board committee, be stricken.

In the absence of the editor, Kay Randolph-Back, Dianne Holman commented that she did not feel that the board was actually ready to vote on this matter this evening as there are still several questions.

### ACTION:

MOVED by Emily Stivers and SUPPORTED by David Pohl that the Board of Directors of Community Mental Health Authority of Clinton, Eaton, and Ingham Counties table the amending, adopting and voting of the bylaws in Kay Randolph-Back's absence. This item will be added to the January 16 CMHA-CEI Board of Directors meeting agenda.

MOTION CARRIED unanimously.

### New Business

#### Appointment to MSHN Board to replace Kay Pray

### ACTION:

MOVED by Joe Brehler and SUPPORTED by Dianne Holman that the Board of Directors of Community Mental Health Authority of Clinton, Eaton, and Ingham Counties appoint Dianne Holman to complete Kay Pray's remaining three (3) year term effective January 1,2020 through April 30, 2022.

MOTION CARRIED unanimously.

#### Proposed FY20-21 Calendar of Board and Committee Meeting Schedule

### ACTION:

MOVED by Maxine Thome and SUPPORTED by David Pohl that the Board of Directors of Community Mental Health Authority of Clinton, Eaton, and Ingham Counties to approve the FY20 – 21 Calendar of Board and Committee Meeting Schedule.

MOTION CARRIED unanimously.

### Board of Directors/Leadership Strategic Planning Retreat

CEO, Sara Lurie reported that included in the initial analysis of the proposal laid out by Director Robert Gordon for the future of the behavioral health system. The analysis looks at the positive and negative of the various design elements provided. It is no surprise that there are far more benefits noted in the State wide Specialty Integrated Plan which would have all CMHs join together with a Health Plan to offer a public option across the state. As we continue to learn more over the next couple of months, I have proposed to Jim Rundborg and Paul Palmer that we look to hold a joint Board/Leadership Retreat. I have tentatively scheduled this meeting for Friday March 6 from 9:00 – 3:30 p.m., to allow us to do some learn more about the 3-year vision together, to review how this new information fits with our existing strategic plan and to discuss some potential strategic directions for the future. In the meantime, we have talked with Bob Sheehan, Jay Rosen from HMA, and even Director Robert Gordon about joining us to provide some updates and have some dialogue.

Board member Dianne Holman inquired as to what are we planning to do to address the skill building specialists concerns brought to our attention this evening. Discussion ensued regarding scheduling of a special HR Committee meeting. Board Chair, Jim Rundborg, HR Committee Chairperson David Pohl will work with CHRO, Sharon Blizzard and CEO, Sara Lurie and will advise the full board of the outcome of those discussions.

### Public Comment

James Olmstead inquired as to where do you see growth?

Daniel Arnold shared what it is like to have sleeping issues, be on disability, and thrive as best I can. I live at Riverfront Apartments and frequently wake up at all hours. It is a blessing to have a Housing Plus Care Voucher, SSI/SSDI, and serve on 2 consumer advisory councils.

All my needs are satisfied. I have a loving church I attend that frequently serves food. Yet it is hard for me to come to grips with the reality that I do not have a regular job and I am on court-order to take medication. I believe that Lansing provides me a great deal of freedom and mobility as a mental health consumer. On a given night, I may wake up at 3:00am and find that the City of Lansing is a place I feel comfortable roaming.

I walk across the street to Quality Dairy and pass time saying hello to store clerks, buying a banana, and checking my balance at the ATM. Next, I walk only a little

way to the City Rescue Outreach that is accessible almost the entire day and evening 24/7/365. What a blessing it is to say hi to sober professionals at the Outreach. At times I talk to staff at length and almost every night I stop into the drop-in once for as long as I need.

I continue on my night-time adventure. I walk into a fitness room near my apartment to use the bathroom and continue walking up to behind the Shiawassee Bridge. Wow, the light in the River Trail is so beautiful. I see a beach sand area and love to take this scenic walk with me behind the former Marketplace. Yay!

I walk up the spiral staircase below Michigan Avenue and come out near a strip of bars. I cross Grand Avenue wondering who the guests are at Radisson Hotel. I keep walking. At this point, I get excited!

I am about to open the door into the citizen area of the Lansing Police Department. Up the steps I go, night after night, but not every night. I notice the red phone for needs. I notice the crime reporting computer that has access to the City of Lansing website. I take note if anything is out of the ordinary. Sometimes I play with the Breathalyzer machine login. Finally, I look at the brochures filled up in the new box that Chief Daryl Green told me he filled in response to my feedback!

Yay! Victory. Waving at the camera, I exit passing by City Hall and walking up the Capitol Steps. Sometimes I record myself singing there knowing that Michigan State Troopers are all around me to protect me. I walk down the steps and begin my walk behind the Capitol to the Michigan Hall of Justice. It is gorgeous, long and free! Sometimes my buddies come with me.

Larger than life, Vietnam Memorial in sight. It's a decently far walk and on the way back I solemnly pass the Fallen Police Officers Memorial. This is an excellent quiet city to navigate at night when I struggle to sleep at times. I have the opportunity to sleep whenever I need to at my apartment. It's peaceful. It's a God-send.

Thank you for supporting and accommodating diverse consumers.

#### Dawn Cool regarding 44 North benefits

Before Henry Ford Hospital could release my husband they had to get all his medications in order with Maxor/Arox and local pharmacies.

The first problem they run into with Maxor/Arox & 44N was that they wouldn't cover the amphotericin B liquid (Ambisome) that is administered through a nebulizer.

Ambisome prevents fungal infections. The medicine the Henry Ford gives all lung transplant patients in the hospital 3 days a week after transplant and then at home 3 days a week for the first 2 months and 1 day a week for the 3 months after that.

The pharmacist at Henry Ford was in contact with Maxor/AROX and 44N the week before my husband was due to be released from the hospital. He was told they would not cover the inhalant but would cover a pill form of anti-fungal drug. The pill they suggested only goes where there is a blood supply. The interior of the lungs does not have a blood supply directly to them nor do the stitches inside my husband's transplanted lungs. Ambisome is inhaled through a nebulizer directly into the newly transplanted area.

Henry Ford would not agree with the pill form of anti-fungal. I immediately called 44 North to start the process of petitioning our prescription company to take the drug on and cover it. Henry Ford did not have 2-3 weeks to wait for the process. This is what 44 North had told me that it would take to get the medication cleared. Henry Ford has a grant that my husband qualified for and they set him home with the Ambisome and Albuterol that are both administered by a nebulizer.

The next problem to tackle was getting the 2 nebulizers for the medications.

Of course our prescription company does supply durable medical equipment so the lung transplant coordinator called PHP who goes through Sparrow Medical Equipment. PHP was not wanting to cover the equipment because they didn't supply the medications. He worked for 2 days with PHP transplant coordinator, to get the equipment ready to be delivered and covered by PHP. The two of them had even discussed having Henry Ford "rent" the equipment for my husband from Sparrow Medical Supply. These 2 women worked miracles!

When I reached back out to 44N to ask what the progress was on the petition for the Ambisome, she left me a message on Oct 4<sup>th</sup> telling me that since Henry Ford was covering it that it wasn't necessary to go any further when the petition. I have sent the voice mail from 44 North to CMHA-CEI Benefits Manager so she could hear 44 North telling me that I should be speaking to the new coordinator and not her on any and all of Paul's medications.

I was on the phone with Maxor the 8<sup>th</sup>, 11<sup>th</sup>, 14<sup>th</sup>, 15<sup>th</sup>, 16<sup>th</sup> and 25<sup>th</sup> (contacted 44 North on the 16<sup>th</sup> & 25<sup>th</sup>) trying to get straight what had been ordered, shipped and what

they were waiting on. Repeatedly I was told the Valgancilol (Valcyte) was ordered and shipped. This prevents/treats viral infections. Paul's pills are due to run on Oct 30 and it takes 5 business days to get them through the mail. On the 25<sup>th</sup> I was told by Maxor they couldn't get the Valcyte because it was a specialty med and it could not be covered for a 90-day supply. Henry Ford called it into our local Meijer store for a 90-day supply and had it to me by the 30<sup>th</sup>. Meijer had a problem filling the Valcyte because it showed that the script had been filled and the insurance wouldn't approve the prescription. The Meijer pharmacist handled that issue I had spoken to 44N in the evening when I learned that the Valcyte had not been ordered or shipped and they were to speak and finalize the Valcyte issue and get back to me. As of today, December 19, I have heard nothing from them.

**ACTION:** I ask that you look in this. It is one thing to have failing health and require services, but it is another thing when you pay for benefits and then you have to argue and fight for it, it is very stressful. I've found that the stress level is amazing! Sara Lurie and Stacia Chick have been very supportive throughout the process.

Board Chair, Jim Rundborg shared that we are looking to find a provider for our employees. Stacia Chick, CFO reported that we have another meeting scheduled with 44 North, however, more than likely we will be pursuing an RFP.

### Adjournment

The meeting was adjourned at 6:54 p.m. The next meeting is scheduled for Thursday, January 16, 2020, 812 E. Jolly Road, Lansing MI 48910 beginning at 6:00 p.m.

Minutes Submitted by:

Aleshia Echols  
Executive Administrative Assistant