

AUGUST 4, 2020

VOICES



Resources for Financial Assistance during COVID-19

Eaton Regional Education Service Agency has developed a COVID-19 Wellness Checklist providing resources for many of the concerns facing families during the COVID-19 pandemic. To read the full resource guide, [click here](#).



Included in this document are a variety of resources for financial assistance. Keep reading to find out more about some local resources that may be available to you.

- MI Bridges: Cash Assistance, State Emergency Relief and Healthcare Coverage: [click here](#)
- Capital Area Community Services: [click here](#)
- Need help paying bills- Clinton County: [click here](#)
- Need help paying bills- Eaton County: [click here](#)
- Need help paying bills- Ingham County: [click here](#)
- Michigan 211: Call 2-1-1
- Michigan Unemployment: [click here](#)
- CAHP COVID-19 Housing Guide: [click here](#)
- Mid-Michigan Housing Services for Eaton and Clinton Counties: [click here](#)
- Michigan State Housing Development Authority: [click here](#)
- Consumers Energy COVID-19 Response Plan: [click here](#)
- BWL COVID-19 Update: [click here](#)
- City of Lansing COVID-19 Finances: [click here](#)
- City of Lansing Foreclosure Assistance: Call Joseph McDonald at 517-275-2376 or email him at joseph.mcdonald@lansingmi.gov

Birch Health Center Update

Please make a note that as of 7/30/20, the Sparrow Lab at 812 E. Jolly Road will be closed for three weeks.

Need Help?



Do you have any questions or need help accessing any part of this newsletter? Contact Customer Service at 517-346-8244 or customerservice@ceicmh.org.



DO THE FIVE

to stop COVID-19

1. **HANDS** wash them often
2. **ELBOW** cough into it
3. **FACE** don't touch it
4. **SPACE** keep safe distance
5. **HOME** stay if you can

For news and information from CMHA-CEI, visit our website at www.ceicmh.org and Facebook page at www.facebook.com/CEICMH.

NAMI Lansing Mental Illness Awareness Events 2020- Call to Writers and Artists

This year, NAMI Lansing is hosting a virtual exhibit featuring artists and writers expressing their creative ideas and challenges to celebrate Mental Illness Awareness Week 2020.

Art submissions can include drawings, paintings, original prints, photographs, textile art, and sculptures.

Writing submissions can include original prose, poetry, lyrics, and plays.

Submissions can be made through September 19th at these links:

[Click here](#) for art submissions.

[Click here](#) for writing submissions.

*Limit of two submissions per artist/writer. Please email miaw@namilansing.org with any questions you may have.



Walk a Mile T-Shirt Design Contest Reminder

The Walk a Mile t-shirt design contest is still accepting entries until Friday, August 14! To submit your design or to learn more about the contest guidelines: email customerservice@ceicmh.org or call 517-346-8244.

Questions About COVID-19?



Call the COVID-19 Hotline at 888-535-6136,
7 days a week from 8 a.m. to 5 p.m.



Email COVID19@michigan.gov 24/7. Emails
will be answered 7 days a week, 8 a.m. to 5 p.m.



**Subscribe to e-newsletter updates
at Michigan.gov/Coronavirus.**



The most up-to-date and accurate information about COVID-19 can be found through local health departments and the CDC. Visit the websites of the following agencies by clicking the buttons below:

**Ingham County
Health Department**

**Mid-Michigan District
Health Department**

**Barry-Eaton
Health Department**

**Michigan Department of
Health and Human Services**

**Centers for Disease
Control and Prevention**

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