



Community

MENTAL HEALTH
CLINTON • EATON • INGHAM

Together we can.

2023

**ANNUAL EVENT
PROGRAM**

April 3, 2023



**HOPE
& HEALING**



ANNUAL EVENT & REPORT TO THE COMMUNITY

9:00 a.m.

Doors open, Breakfast provided

Live entertainment provided by the
Michigan State University Quartet

9:30 a.m.

Welcome

Sara Lurie, Chief Executive Officer, CMHA-CEI

9:45 a.m.

Recognition of Sponsors, 2022 Report to the Community Powerpoint Presentation

Sara Lurie, Chief Executive Officer, CMHA-CEI

10:00 a.m.

Community Services for the Developmentally Disabled (CSDD) Video Presentation

Presented by:

Karla Block, Director, CSDD Services

10:15 a.m.

Speaker: Michael Hahn, Hero Habits: "How to Unleash the Hero in You"

11:15 a.m.

Q & A

11:30 a.m.

CLOSING REMARKS

Sara Lurie, Chief Executive Officer, CMHA-CEI

11:45 a.m.

BOOK SIGNING AND PHOTOS:

Michael Hahn, Keynote Speaker

Live entertainment with the

Michigan State University Quartet Finale

Meet the Keynote Speaker: Michael Hahn, Hero Habits: “How to Unleash the Hero in You”



Michael Hahn is the author of Hero Habits, and is an experienced speaker who motivates and engages people to be a hero in other people's lives as well as their own life. He brings high energy, intense passion and humorous style to inspire audiences to reclaim their time, energy and motivation to embrace their inner hero.

Michael earned a dual M.B.A. in Leadership and Change Management from DePaul University.

Michael is a world champion martial artist who actively trains and holds black belts in two South Korean martial arts: Tang Soo Do & Hap Ki Do. He has a passion for serving and consistently serves at the school where his two boys attend and within his faith community.

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generous sponsors!*

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UPCOMING EVENTS & Announcements

TRAINING OPPORTUNITIES!

\$15 ADULT MENTAL HEALTH FIRST AID (MHFA)

FREE QUESTION, PERSUADE, REFER (QPR)



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Register today by visiting our Eventbrite page!
For more information, please email
prevention@ceicmh.org
or call 517-887-5232

Watch the televised 2023
Annual Event on May 7th from
10am to 11am on WILX!

SAVE THE DATE!

2024 CMHA-CEI Annual Event
Tuesday, April 2nd, 2024

CMHA-CEI is hiring!

To view current job postings, please visit:
<http://www.ceicmh.org/employment>

THANK YOU FOR JOINING US!

We want to thank you for joining us today and taking an interest in a topic that affects thousands of people in our community. We hope that we have provided you with ideas and resources that you can use and can share with your co-workers, friends and family.



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