



Greetings from the Training Unit,

Training dates and registration links for February and March 2026 are included below.

Reminder for inclement weather - if Lansing Schools are closed, classes held at the Training Unit that day will be canceled.

INFO FOR COMPLETING CPR & FIRST AID:

REMINDER: First Aid must be completed online BEFORE the in-person Skills Demo. Staff will be turned away if they arrive for the CPR Skills Demo without a certificate of completion for the online First Aid portion.

To access the First Aid videos and online quiz please **CLICK HERE**

OR copy & paste this link into your web browser or email it to staff:

<https://www.proprofs.com/quiz-school/ugc/story.php?title=cmhacei-first-aidz1>

The PASSWORD is: 23QEdF

- If you are a manager and are signing staff up for CPR/FA, YOU are responsible for giving staff the link and password above, so they can watch the First Aid videos & take the online quiz before the date they're scheduled for the CPR Skills Demo class.
- Staff are required to bring proof of their Certificate of Completion of First Aid with them on the day they are signed-up to attend CPR Skills Demo. A picture or screenshot on their cellphone or a printed certificate are both acceptable.

SELF DETERMINED/RESPITE STAFF:

If you only need First Aid Certification please use the link & password above for First Aid completion online.

Working with People:

***This is a 2-day training. The class time for both days is 9:00a - 3:30p.**

****There is NO registration, this is a first come, first serve in-person training.**

- 2/26/26 & 2/27/26
- 3/26/26 & 3/27/26

Recipient Rights Orientation (RRO) Zoom Links:

***For questions regarding the Recipient Rights Orientation Zoom trainings please email Lynn McLaughlin: mclaughl@ceicmh.org**

2/4/26 1:00p - 3:00p [CLICK HERE](#)

2/17/26 9:00a - 11:00a [CLICK HERE](#)

3/4/26 1:00p - 3:00p [CLICK HERE](#)

3/17/26 9:00a - 11:00a [CLICK HERE](#)

***EXTENDED* Basic Health & Medication Class:**

This class will provide a slower-paced, supportive learning environment to ensure all participants grasp the essential concepts. **This class will be limited to 6 spots and is designed for staff who need to retake Basic Health & Meds and/or for staff who are English Language Learners (ELL).** Manager approval is required prior to signing up.

***Class is scheduled from 9:00am - 3:00pm**

2/19/26 [CLICK HERE](#)

3/10/26 [CLICK HERE](#)

CPR SKILLS DEMO:

Classes are scheduled for 90 minutes

FEBRUARY:

2/3/26 9:00a [CLICK HERE](#)

2/3/26 11:00a [CLICK HERE](#)

2/4/26 9:00a [CLICK HERE](#)

2/4/26 11:00a [CLICK HERE](#)

2/5/26 9:00a [CLICK HERE](#)

2/5/26 11:00a [CLICK HERE](#)

2/9/26 9:00a [CLICK HERE](#)

2/9/26 11:00a [CLICK HERE](#)

2/12/26 9:00a [CLICK HERE](#)

2/12/26 11:00a [CLICK HERE](#)

2/17/26 9:00a [CLICK HERE](#)

2/17/26 11:00a [CLICK HERE](#)

2/19/26 9:00a [CLICK HERE](#)

2/19/26 11:00a [CLICK HERE](#)

2/23/26 9:00a [CLICK HERE](#)

2/23/26 11:00a [CLICK HERE](#)

2/24/26 9:00a [CLICK HERE](#)

2/24/26 11:00a [CLICK HERE](#)

2/25/26 9:00a [CLICK HERE](#)

2/26/26 9:00a [CLICK HERE](#)

2/26/26 11:00a [CLICK HERE](#)

MARCH:

3/2/26 9:00a [CLICK HERE](#)

3/2/26 11:00a [CLICK HERE](#)

3/4/26 9:00a [CLICK HERE](#)

3/4/26 11:00a [CLICK HERE](#)

3/9/26 9:00a [CLICK HERE](#)

3/9/26 11:00a [CLICK HERE](#)

3/10/26 9:00a [CLICK HERE](#)

3/10/26 11:00a [CLICK HERE](#)

3/16/26 9:00a [CLICK HERE](#)

3/16/26 11:00a [CLICK HERE](#)

3/23/26 9:00a [CLICK HERE](#)

3/23/26 11:00a [CLICK HERE](#)

3/24/26 9:00a [CLICK HERE](#)

3/24/26 11:00a [CLICK HERE](#)

3/25/26 11:00a [CLICK HERE](#)

TRANSFER TECHNIQUES:

2/11/26 9:00a - 11:00a [CLICK HERE](#)

3/18/26 9:00a - 11:00a [CLICK HERE](#)

INSULIN & FINGERSTICK GLUCOMETER TRAINING:

Classes are scheduled for one hour

FEBRUARY:

2/3/26 12:30p [CLICK HERE](#)

2/5/26 12:30p [CLICK HERE](#)

2/12/26 12:30p [CLICK HERE](#)

2/17/26 12:30p [CLICK HERE](#)

2/23/26 12:30p [CLICK HERE](#)
2/26/26 12:30p [CLICK HERE](#)

MARCH:

3/4/26 1:00p [CLICK HERE](#)
3/10/26 1:00p [CLICK HERE](#)
3/16/26 1:00p [CLICK HERE](#)
3/24/26 1:00p [CLICK HERE](#)

BASIC HEALTH & MEDS:

Classes are scheduled from 9:00a - 2:00pm

FEBRUARY:

2/4/26 [CLICK HERE](#)
2/5/26 [CLICK HERE](#)
2/9/26 [CLICK HERE](#)
2/10/26 [CLICK HERE](#)
2/18/26 [CLICK HERE](#)
2/24/26 [CLICK HERE](#)
2/25/26 [CLICK HERE](#)

MARCH:

3/3/26 [CLICK HERE](#)
3/4/26 [CLICK HERE](#)
3/9/26 [CLICK HERE](#)
3/11/26 [CLICK HERE](#)
3/17/26 [CLICK HERE](#)
3/19/26 [CLICK HERE](#)
3/24/26 [CLICK HERE](#)

MED REFRESHER:

Classes are scheduled as DROP-IN between 9:00am - 1:00pm. Registration is required

FEBRUARY:

2/6/23 [CLICK HERE](#)
2/13/26 [CLICK HERE](#)
2/20/26 [CLICK HERE](#)
2/27/26 [CLICK HERE](#)

MARCH:

3/6/26 [CLICK HERE](#)
3/20/26 [CLICK HERE](#)

The Training Unit will be closed:

- 2/16/26

TRAINING UNIT CONTACT INFO:

Training Unit Secretary: Jennifer Wrather

PHONE: 517-323-9610 extension: **2353**

EMAIL: wrather@ceicmh.org

Training Unit E-FAX # (517) 237-7330

Training Unit Alternate FAX: 517-327-0396

Training Unit Coordinator: Bridget Doyle

EMAIL: doyle@ceicmh.org

PHONE: (517) 323-9610 ext.: **2339**

Training Unit RN Instructor: Kathryn Higgins RN, BSN

EMAIL: higginsk@ceicmh.org

Training Unit RN Instructor: Deneen Gallagher, RN, BSN

EMAIL: gallaghd@ceicmh.org

Bridget Doyle |LMSW

Training Unit Coordinator

Phone: 517-323-9610 x 2339

Community Mental Health Authority of Clinton, Eaton, Ingham Counties

Community Mental Health Authority of Clinton, Eaton, and Ingham Counties | 3200 Remy Drive | Lansing, MI 48906
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