



Community
MENTAL HEALTH
CLINTON • EATON • INGHAM

Together we can.

2025 REPORT TO THE COMMUNITY



LETTER TO THE COMMUNITY

The 2025 Annual Report to the Community highlights a year of meaningful growth, resilience, and opportunity. In 2025, CMHA-CEI reached an important milestone, serving nearly 15,000 individuals across our behavioral health programs and services.

Despite an uncertain and evolving landscape, we moved forward with hope and determination. Guided by our Board of Directors and supported by dedicated staff leaders, staff members, community partners, advocates, and supporters, we remained steadfast in our mission. We were inspired by the people we serve, encouraged by the progress achieved, and motivated by the important work that still lies ahead.

As a Certified Community Behavioral Health Clinic, the past year was focused on strengthening our capacity to meet the growing behavioral health needs of our communities. This report reflects our continued commitment to innovation, collaboration, and clinical excellence. You will find initiatives that advance evidence-based and trauma-informed practices, strengthen integrated care, and create welcoming, inclusive environments throughout our organization.

2025 highlights include:

- The Crisis Care Center, opening Summer 2026
- Organization-wide implementation of Zero Suicide
- Adoption of the CMHA-CEI Clinical Philosophy Statement
- Building inclusive workplaces
- Spotlight on the Consumer Advisory Council
- Introduction of Cedar Roots Recovery Center
- Launch of the new Children’s Integrated Treatment Clinic

As the landscape continues to evolve, we remain committed to planting and nurturing seeds of hope for those we serve. We will continue to rise to new challenges—because Hope Grows Here, just as it always has.

With gratitude,
Sara Lurie, CEO



AGENCY UPDATES

In 2025, CMHA-CEI continued to plant and nurture seeds of hope across Clinton, Eaton, and Ingham counties. Guided by our Strategic Plan and strengthened by our role as a Certified Community Behavioral Health Clinic, we expanded services, deepened partnerships, strengthened our workforce, and advanced equity in meaningful ways. This year we served nearly 15,000 individuals—the most in our history. Together, we are building a stronger behavioral health system where hope truly grows.

BUILD STRONGER COMMUNITY SUPPORT AND PARTNERSHIPS

We believe hope grows best when communities work together. In 2025, we strengthened local and statewide partnerships to improve access, coordination, and community impact.



- Increased leadership participation in statewide and regional behavioral health meetings, helping shape policy, funding priorities, and best practices.
- Provided presentations and community education on the Crisis Care Center (CCC) to law enforcement, neighborhood associations, coalitions, and advocacy groups.
- Contributed feedback and behavioral health data to the regional Healthy! Capital Counties 2025 Community Health Improvement Plan to help guide community-wide planning efforts.
- Hosted and participated in outreach events including Walk a Mile, the Potter Park Zoo community event, MI ABLE press events, and other prevention-focused initiatives.

ADDRESS SOCIAL JUSTICE, DIVERSITY, AND DISPARITIES ALONG WITH SOCIAL DETERMINANTS OF HEALTH

Advancing equity remains central to our mission. In 2025, we continued to reduce barriers to care and promote inclusive, welcoming environments.

- Increased engagement with our DEIJ Team, including new “On Your Own” learning activities to encourage ongoing staff education and reflection.
- Utilized Hispanic-focused grant funding to expand outreach, engagement, and culturally responsive services.
- Continued implementation and data tracking through our Social Determinants of Health (SDOH) screening tool to better identify needs related to housing, transportation, food security, and social supports.
- Advanced organization-wide implementation of Zero Suicide, reinforcing our commitment to suicide prevention, safety planning, and compassionate care for all individuals.





BUILD OUR WORKFORCE CAPACITY

Our staff are the foundation of hope. In 2025, we invested in recruitment, retention, and professional development to meet growing community needs.

- Added additional Peer Recovery Coaches to strengthen recovery-oriented services across programs.
- Hired two Psychologists to expand clinical expertise and access to specialized services.
- Conducted a comprehensive staff engagement survey and developed action plans to improve morale, communication, and workplace culture.
- Strengthened training opportunities aligned with our newly adopted Clinical Philosophy Statement and Zero Suicide framework.



OPTIMIZE AND ADAPT OUR SERVICES AND HOW WE DELIVER THEM

As community needs evolve, so must we. In 2025, we expanded services, improved access, and launched innovative programs to better serve individuals and families.

- Served nearly 15,000 individuals across programs—the highest number in agency history.
- Expanded mobile crisis hours to increase timely access to behavioral health crisis support.
- Launched a new clinic, the Children's Integrated Treatment Clinic to improve coordinated care for youth and families.
- Continued development of the Crisis Care Center, with construction progress and community engagement building momentum toward its Summer 2026 opening.
- Our Consumer Advisory Council continued to provide essential input into program design, facility planning, and organizational improvement ideas.

INCREASING ACCESS. STRENGTHENING CARE.



CERTIFIED COMMUNITY
BEHAVIORAL HEALTH CLINIC
Excellence in Behavioral Healthcare

As a Certified Community Behavioral Health Clinic (CCBHC), CMHA-CEI is committed to expanding access to high-quality behavioral health care while ensuring services are coordinated, person-centered, and responsive to community needs.

In 2025, CMHA-CEI strengthened prevention and care coordination by:



Expanded Hours
in our Outpatient
Substance Use Disorder
(SUD) Clinic



Improved Healthcare
Tracking by our RN Care
Manager for clients with
Diabetes



Master's Level Staff
at 911 Dispatch to answer
and respond to behavioral
health calls and situations



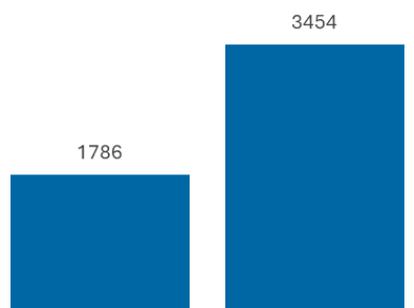
Nurse Triage & Psychiatry
have been added to our
existing Behavioral Health
Urgent Care

RB'S STORY – THE POWER OF PERSISTENCE

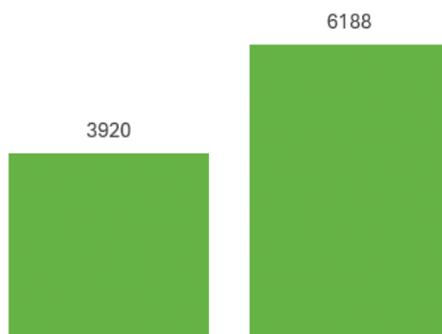
For years, RB lived in isolation, stuck in a delusional world and unable to care for herself. She went extended periods without showering or changing clothes, and despite higher levels of care, progress was minimal. At times, it felt as though change might never come. But the teams did not give up! Staff developed a coordinated plan, the team committed to walking alongside her, redefined 'progress' and held onto even the smallest victories—new clothes, brief engagement, joining the rest of the home for meals—and building from there. Slowly, trust and rapport began to form and progress followed.

Today, RB is smiling, participating in activities, and engaging in her community. She recently went bowling and enjoyed herself. The next day, she proudly made a craft at her home — both moments captured with a genuine smile. While there have been bumps along the way, her journey is a powerful reminder: with patience, persistence, and relationships, transformation is possible.

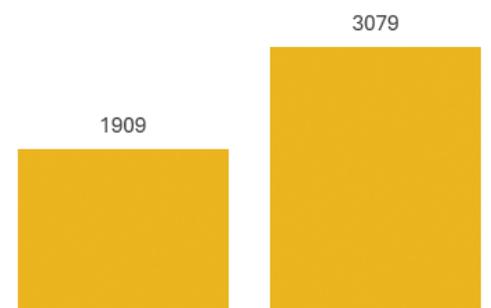
Mild-to-Moderate MI



Adults Served (18+)



Total Number of Youth Served (<18 years of age)



A SHARED COMMITMENT TO EXCELLENT CARE



CMHA-CEI CLINICAL PHILOSOPHY

At Community Mental Health Authority of Clinton, Eaton, and Ingham Counties (CMHA-CEI), our clinical philosophy reflects who we are and how we fulfill our mission each day. Developed through intentional collaboration and dialogue, the philosophy provides a unified foundation for our work and clearly defines our shared values and beliefs.

The development process was inclusive and thoughtful. Manager representatives from across the agency participated in structured discussions, supported by an outside facilitator, to reflect on the many unique programs and roles within CMHA-CEI. Through these conversations, the group articulated the common principles that guide our work, ensuring the philosophy represents diverse perspectives across the organization.



Community Mental Health Authority of Clinton, Eaton, and Ingham Counties (CMHA-CEI) is committed to providing excellent behavioral health care.

We aspire to provide care that is individualized, trauma informed, holistic, person-centered, and strength-based.

We strive to provide services driven by the values of diversity, equity, inclusion, and justice to empower people.

We consistently engage in professional growth to expand our knowledge, improve service delivery, and increase access to resources.

We are dedicated to creating solutions with those we support through collaboration.

We believe unconditional dignity and respect are vital to the success of those we serve in our community.



As we move forward, our focus remains on intentional implementation—keeping the philosophy active and relevant in supervision, teamwork, and everyday practice. In times of change and complexity, this shared foundation provides clarity and consistency. Our community depends on us—and our work matters.



CRISIS CARE CENTER: A HUB FOR COMPASSIONATE, IMMEDIATE SUPPORT



CRISIS CARE CENTER

Hope, Support and Healing

Construction of CMHA-CEI's Crisis Care Center is almost complete. The new facility — designed to serve adults, youth, and families facing behavioral health emergencies — remains on track for a Summer 2026 opening.

At a time when Medicaid funding and mental health resources face uncertainty, progress on the Crisis Care Center represents a hopeful investment in the region's future.

"We recognize the distress people feel about the future of Medicaid, because changes will have real impacts on our community," said CEO Sara Lurie. "No matter what happens with people's coverage, crises don't stop."



The center is being developed to provide immediate, wraparound care in one welcoming, coordinated space. Too often, individuals experiencing a behavioral health crisis end up in crowded emergency departments.

The Crisis Care Center aims to change that — offering



specialized care quickly, keeping hospital beds available for medical emergencies, and helping families stabilize and move forward.

Located at 2900 Stabler St. on the former McLaren Greenlawn campus, the project is supported by grants from the Michigan Department of Health and Human Services (MDHHS) and the Substance Abuse and Mental Health Services Administration (SAMHSA). The facility will bring together CMHA-CEI's existing Crisis Services and related programs from multiple community locations into a single hub for care.

The new center will also include a Crisis Stabilization Unit for adults and a separate unit for children and youth — the first of its kind in Lansing. These additions represent a significant step toward expanding access to specialized, short-term stabilization services in the community.

“The center is a new iteration and expansion of existing Crisis Services,” Lurie said. “It creates one place for immediate care. We believe people need and deserve a welcoming space, and coordinated support, so our neighbors in crisis find a pathway forward.”

As construction continues, CMHA-CEI's current Crisis Services remain available 24/7 for walk-ins and phone support. The Crisis Care Center is more than a building — it is a promise that compassionate, specialized care will be there when crises arise.

“WE BELIEVE
PEOPLE NEED AND
DESERVE A
WELCOMING SPACE,
AND COORDINATED
SUPPORT.”



THE CHILDREN'S INTEGRATED TREATMENT CLINIC: BRIDGING GAPS FOR DUALY DIAGNOSED CHILDREN

The Children's Integrated Treatment Clinic (CITC) is an innovative collaboration between Community Services for the Developmentally Disabled (CSDD) and Families Forward, designed to better serve children with complex, co-occurring needs. The clinic focuses on children with Autism Spectrum Disorder (ASD) or Intellectual and Developmental Disabilities (IDD) who also experience Serious Emotional Disturbance (SED), bringing together expertise that was historically delivered separately.

The idea for CITC emerged from the agency's 2024–2027 strategic planning process, which included input from the Consumer Advisory Council, Board of Directors, managers, and staff. A consistent theme was the need to better leverage expertise across clinical programs to address service gaps and reduce frustration for families. CITC became one of two pilot projects created to test new, cross-cutting approaches that better align services with individual needs.

Launched in August 2025, CITC operates within Families Forward and serves as a centralized hub for children already receiving CSDD services as well as those who may benefit from additional mental health support. The multidisciplinary team includes outpatient therapists, an Intensive Care Coordination (Wraparound) coordinator, and a Parent Support Partner. Together, they provide coordinated, evidence-based services that address both developmental and emotional needs.

A hallmark of the clinic is its cross-training model. Staff receive training in both CSDD and Families Forward systems, including shadowing across roles and specialized education in autism, parenting supports, strengths-based learning, and other core competencies. This approach strengthens collaboration, breaks down silos, and ensures families receive seamless, informed care.

Since opening, CITC has streamlined access to services for children with dual diagnoses, strengthened communication between departments, and enhanced case consultation and partnership. Staff report a deeper understanding of each department's roles and resources, leading to more coordinated and responsive support for families.

The Children's Integrated Treatment Clinic represents an important step forward in delivering holistic, person-centered care. By bringing together expertise across developmental and behavioral health services, CITC ensures children with complex needs — and the families who support them — can access comprehensive care under one roof.



CEDAR ROOTS RECOVERY: A NEW CHAPTER IN COMMUNITY-BASED TREATMENT



CEDAR ROOTS RECOVERY

In May 2025 Cedar Roots Recovery (CRR), formerly known as the House of Commons, officially launched its new identity with a refreshed mission, updated facilities, and a renewed focus on inclusive, person-centered care.

Program Coordinator Jim Keel shared the vision behind the rebrand: “We were drawn to the symbolism of ‘roots’ as a representation of starting fresh and building a strong foundation. It reflects the journey of personal growth and transformation that begins here and continues through the treatment process.”

The transition marks a deliberate step away from the facility's former association with the Michigan Department of Corrections. While the previous program made a meaningful impact, the new name and identity were created to foster a welcoming environment for all individuals seeking recovery. “We wanted to create a space where everyone—regardless of background—feels welcomed and encouraged to seek support,” Keel explained.

In preparation for this new chapter, the facility underwent significant renovations, including updates to the roof, flooring, HVAC system, office spaces, and parking lot. Interior improvements have created a warm and inviting atmosphere, and plans are underway for an outdoor therapeutic garden where residents can grow vegetables and flowers.

CRR employs more than 18 staff members and operates a 24/7 residential treatment program. Clients receive a nursing assessment within 24 hours of admission and participate in 14 specialized group therapy sessions designed to address diverse recovery needs. Services include individual therapy, cognitive behavioral therapy (CBT), peer supports, case management, integrated healthcare, and Medication-Assisted Treatment (MAT).

“Our intake process always begins with asking, ‘What do you need, and how can we help you?’” Keel shared. “We want them to feel seen, heard, and cared for—not like just another number.”



THE CMHA-CEI CONSUMER ADVISORY COUNCIL: ELEVATING THE VOICE OF THOSE WE SERVE

Established in 2017 as part of CMHA-CEI's Certified Community Behavioral Health Clinic (CCBHC) initiative, the Consumer Advisory Council (CAC) was created to ensure that the voices of persons served and family members are embedded in leadership and decision-making.

The Council serves as a formal advisory group made up of individuals who are receiving or have received services, along with family members who actively support a loved one in care. Its purpose is clear: to inform policy and practice decisions and to help guide the planning and implementation of person- and family-centered services across the tri-county region.

Membership ranges from six to twelve individuals and is intentionally designed to reflect the diverse demographics of Clinton, Eaton, and Ingham counties. Through direct dialogue with staff, administration, and the Board of Directors, CAC members provide meaningful input on the design, implementation, funding, and evaluation of behavioral health and crisis services.

CAC members have provided input into case manager orientation and training, contributed to the Crisis Care Center's logo and building design, and offered feedback on program names such as Cedar Roots Recovery. Members completed QPR suicide prevention training, updated by-laws, contributed to voting resource efforts, and helped establish welcoming environments throughout the agency. The Council also includes a representative who reports directly to the CMHA-CEI Board of Directors at their monthly meetings.

CAC members describe the Council as a place to grow, to learn to speak up for themselves and others, and to give back to peers who have yet to find their voices. They value the opportunity to influence decisions and improve services for the community.

At its core, the Consumer Advisory Council ensures that policies are not shaped in isolation. Instead, they are guided by real experiences, real feedback, and real partnership. By elevating the voices of those served and their families, CMHA-CEI strengthens its commitment to person-centered care and meaningful community engagement.



BUILDING INCLUSIVE WORKPLACES, ONE JOB AT A TIME

At CMHA-CEI, our Vocational Services team is committed to promoting inclusive employment for individuals with barriers to employment (such as an intellectual or developmental disability, mental illness, or substance use disorder). The mission is simple but powerful: help individuals find meaningful, competitive employment in the community, while also partnering with employers to build welcoming and inclusive workplaces.

“We strive to help employers see the strengths each individual brings,” says Program Coordinator, Alexis North. “Our goal is to erase the stigma and show that individuals with disabilities are not only capable—they’re often outstanding employees who uplift the entire team.”

Employment isn’t just about a paycheck—it’s about purpose, independence, and belonging. That’s why the Vocational Services program focuses on matching individuals with jobs that align with their interests and providing the support they need to thrive. Importantly, participation is always voluntary. Individuals who are not ready to pursue employment are encouraged to engage in other meaningful activities—such as volunteering, joining clubs, or participating in community events—and can return to Vocational Services when they feel ready. Once employed, individuals receive ongoing support from a network that includes job coaches, case managers, guardians, housing teams, and employers. This collaborative model ensures long-term success and builds confidence in both employees and employers.

We are grateful to work with an incredible network of local employers who are committed to inclusive hiring. These businesses have opened their doors—and their hearts—to individuals in our program, helping create inclusive, welcoming work environments.

“These partnerships prove that inclusive employment benefits everyone,” Alexis says. “Our individuals gain independence, and employers gain hardworking, loyal team members who bring so much positivity to the workplace.”

“THESE
PARTNERSHIPS
PROVE THAT
INCLUSIVE
EMPLOYMENT
BENEFITS
EVERYONE.”





PREVENTION & OUTREACH ACTIVITIES

96

**People trained in
Mental Health First Aid**

(Adult)

8 Hour Behavioral Health Crisis Training

540

**People completed an
Online Behavioral Health
Screening**

16,155

**People engaged within 39
Local & Statewide Community
Outreach & Events**

Topics include: CMHA-CEI Services, Access, Eligibility, Prevention & Wellness, Stand Against Stigma, and the Behavioral Health Screening Platform

403

**People trained in
Question, Persuade, Refer**

1 Hour Suicide Prevention Training

On Saturday, September 13th, 2025 the Potter Park Zoo event attracted over a thousand community members, CMHA-CEI staff, and consumers to celebrate a free day at the zoo with CMHA-CEI.

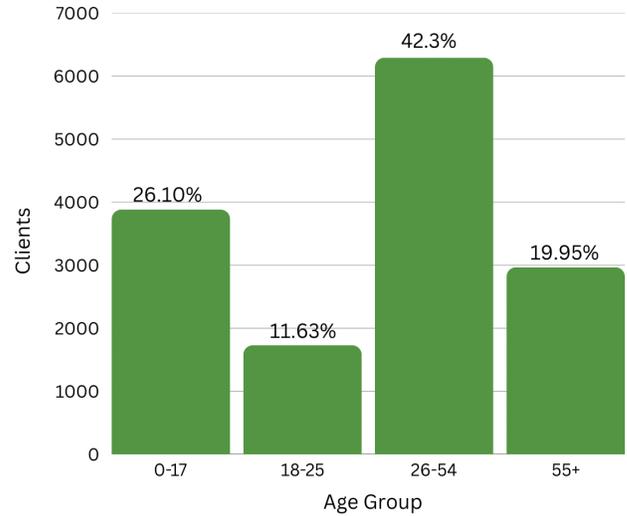
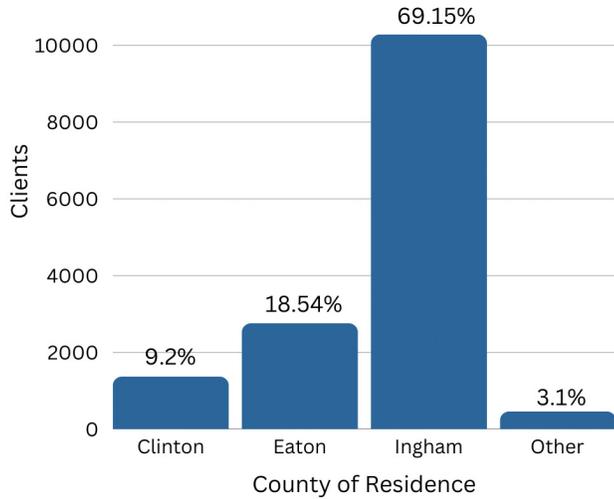
CMHA-CEI SOCIAL MEDIA 2025 OUTCOMES!

- 317,000 individuals in total connected to CMHA-CEI Facebook Page (57,536 Impressions)
- 23% Increase in Facebook Visits from FY24 (17,700 Total Visits)
- 61% Increase in Reach from FY24 (316,800 Total)
- 63% Increase in Impressions from FY24 (322,600 Total)

facebook.com/ceicmh
instagram.com/cmhacei

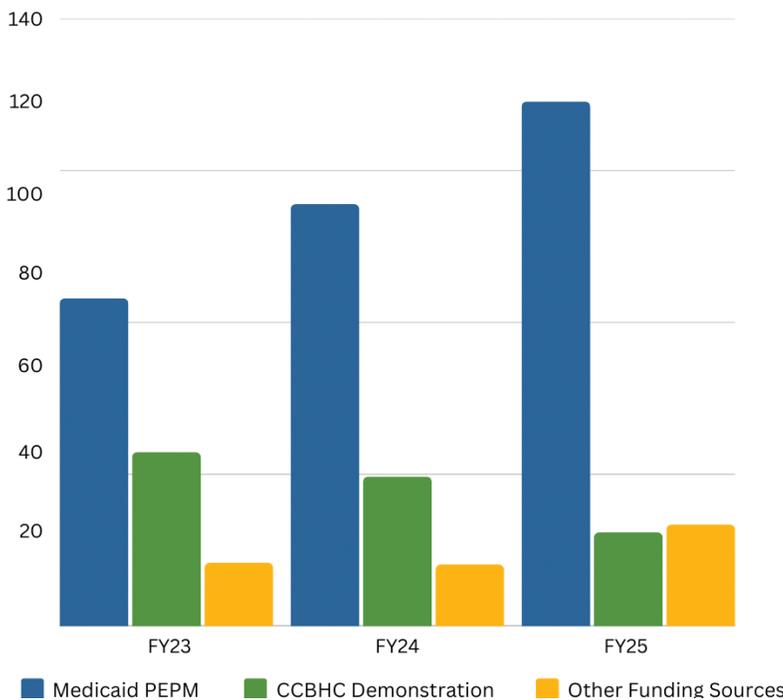
MEASURING IMPACT.

FY 2025 NUMBERS SERVED BY DEMOGRAPHIC.



FY 2025 FINANCIAL REPORT.

CMHA-CEI Funding Source Trends
(In Millions of Dollars)



GENERAL FUND REVENUES	DOLLARS	PERCENT
Federal Funds	\$4,042,816	1.71%
State of Michigan	\$16,370,789	6.91%
Local	\$7,059,933	2.98%
Earned Contracts	\$1,275,174	0.54%
Medicaid PEPM	\$172,756,129	72.88%
CCBHC Demonstration..	\$30,864,919	13.02%
SSI/SSA	\$831,499	0.35%
Fees	\$1,567,004	0.66%
Food Stamps.....	\$888,676	0.37%
Interest Income.....	\$1,386,023	0.58%
TOTAL REVENUE	\$237,042,962	

GENERAL FUND EXPENSES	DOLLARS	PERCENT
Clinical Programs	\$200,364,778	86.38%
Board Administration	\$25,807,223	11.13%
Community Benefit	\$5,190,213	2.24%
Supported Housing.....	\$235,081	0.10%
Local Match	\$342,256	0.15%
TOTAL EXPENSE	\$231,939,551	

*The financial information contained in these tables are based on unaudited financial statements for the quarter ended September 30, 2025.

THANK YOU TO OUR COMMUNITY PARTNERS!



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812 E Jolly Road, Lansing, MI 48910



Customer Service 517-346-8244



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