

## **Important Things for You to Know**

*An Advance Directive may become a permanent part of your clinical record. If you want them in your record, make sure your case manager and/or support staff has a copy.*

*The Advance Directive does not require a signature by a notary.*

*Please discuss with your case manager and/or support staff any role you feel they could have in your plan. If they have a role in your Advance Directive, a copy of the plan must be in your mental health record.*

*You may change or cancel your Advance Directive at any time.*

*Make sure your case manager and/or support staff has the most current copy of your Advance Directive, and let them know of any changes, including if you cancel it.*

*You may file a grievance with Customer Service if your Advance Directive desires are not followed as written within the form.*

*An Advance Directive is not a requirement to receive treatment services.*

Source: <https://www.michigan.gov/mdhhs/keep-mi-healthy/mentalhealth/mentalhealth/psychadvdir>



[www.midstatehealthnetwork.org](http://www.midstatehealthnetwork.org)

You have the right to have this information in a different language, type of print, or form.

If you need this information in a different way or you need any other help, please contact:

### **Customer Service**

Community Mental Health Authority of  
Clinton, Eaton and Ingham (CMHA-CEI)  
812 E. Jolly Rd., Suite 108  
517-346-8244 or 877-333-8933

### **Michigan Relay Center**

Dial 7-1-1  
(Individuals with hearing-impairment, hard-of-hearing or speech-impairment)

The logo for Mid-State Health Network (MSHN) features the letters "MSHN" in a large, bold, serif font. A green swoosh underline is positioned beneath the "S" and "H".

Mid-State Health Network

Mid-State Health Network (MSHN)

### **Customer Service**

530 W. Ionia Street, Suite F  
Lansing, MI 48933  
1-844-405-3094  
Fax: 517-574-4093

[customerservice@midstatehealthnetwork.org](mailto:customerservice@midstatehealthnetwork.org)

For more information, go to:

<http://michigan.gov/mdch>

and type "Advance Directives" in the search box.

6/2023



# Advance Directive



## WHAT IS A MEDICAL AND/OR PSYCHIATRIC ADVANCE DIRECTIVE?

CMHA-CEI and Mid-State Health Network (MSHN) support your Advance Directive rights where the 42 C.F.R. 422.128 law allows.

This information will assist you as you consider your options for medical and/or psychiatric Advance Directive. If you need help with this information, contact your case manager, support staff, or local Customer Service.

## Medical Advance Directive

### What is a Medical Advance Directive?

A medical Advance Directive is a legal document that tells healthcare providers about your medical treatment choice(s) during specific medical emergencies. You create a medical Advance Directive before a medical emergency occurs. Then, if there is an emergency where you cannot say what treatment you do/do not want, the medical Advance Directive would support your choice(s) for care.

A copy of your Advance Directive should be kept in your medical/mental health record, at your doctor's office, at home, and with your patient advocate.

### Who Can Have a Medical Advance Directive?

In Michigan, an adult "of sound mind" may have a medical Advance Directive. So, if you have a guardian or the court finds you cannot make your own treatment decisions, you cannot have an Advance Directive.

### How can I make a Medical Advance Directive?

There are forms that you may use to write a medical Advance Directive. Your case manager and/or support staff can help you to access the forms.

***Michigan law requires that an Advance Directive is signed by witnesses. The witnesses cannot be immediate family members, your spouse, your guardian, your doctor, or an employee of a hospital or community mental program where you are receiving services, or anyone who would receive gifts or income at the time of your death. Friends, neighbors, or other people you know are those who can sign as witnesses.***

### What is a "Durable Power of Attorney"?

A durable power of attorney is another way to describe a medical Advance Directive. When you create an Advance Directive, you must name who has the power to make decisions for you when you cannot make decisions for yourself. The person is called a "**Patient Advocate.**"

### What is a Patient Advocate?

A patient advocate is a person you identify in your Advance Directive as the one who can make decisions about your medical or psychiatric care if you cannot make medical or psychiatric decisions for yourself.

### Who Can Be My Patient Advocate?

Anyone, who is 18 years or older, competent, and does not have a guardian, may be a patient advocate.

### Do I have to have a Patient Advocate?

It is required to name your patient advocate when completing the Advance Directive forms.

## Psychiatric Advance Directive

### What is a Psychiatric Advance Directive?

A psychiatric Advance Directive is a legal document that tells healthcare providers what your treatment desires are during a psychiatric emergency. You create a psychiatric Advance Directive before an emergency happens. If there is a psychiatric emergency where you cannot say what treatment you do or do not want, the form can explain your desires.

A copy of your psychiatric Advance Directive should be kept in your medical/mental health record, at your doctor's office, at home, and with your patient advocate.

### Who Can Have a Psychiatric Advance Directive?

In Michigan, an adult "of sound mind" may have a medical Advance Directive. So, if you have a guardian or the court finds you cannot make your own treatment decisions, you cannot have an Advance Directive.

### How Would I Create a Psychiatric Advance Directive?

There are forms that you may use to write a psychiatric Advance Directive. Your case manager and/or support staff may help you get the necessary forms, or you may contact Customer Service for assistance.

### What if I Want a Medical Advance Directive and a Psychiatric Advance Directive?

You can have both within one document, you can have just one, or none at all. The choice is yours!