



**Community**  
MENTAL HEALTH  
CLINTON • EATON • INGHAM

Greetings from the Training Unit,

Training dates and registration links for April and May are included below.

**INFO FOR COMPLETING CPR & FIRST AID:**

**REMINDER: First Aid must be completed online BEFORE the in-person Skills Demo. Staff will be turned away if they arrive for the CPR Skills Demo without a certificate of completion for the online First Aid portion.**

To access the First Aid videos and online quiz please **CLICK HERE**

**OR copy & paste this link into your web browser or email it to staff:**

**<https://www.proprofs.com/quiz-school/ugc/story.php?title=cmhacei-first-aidz1>**

**The PASSWORD is: 23QEdF**

- If you are a manager and are signing staff up for CPR/FA, YOU are responsible for giving staff the link and password above, so they can watch the First Aid videos & take the online quiz before the date they're scheduled for the CPR Skills Demo class.
- Staff are required to bring proof of their Certificate of Completion of First Aid with them on the day they are signed-up to attend CPR Skills Demo. A picture or screenshot on their cellphone or a printed certificate are both acceptable.

**SELF DETERMINED/RESPITE STAFF:**

If you only need First Aid Certification please use the link & password above for First Aid completion online.

**Working with People:**

**\*This is a 2-day training. The class time for both days is 9:00a - 3:30p.**

**\*\*There is NO registration, this is a first come, first serve in-person training.**

- 4/16/26 & 4/17/26
- 5/28/26 & 5/29/26
- 6/25/26 & 6/26/26

**Recipient Rights Orientation (RRO) Zoom Links:**

**\*For questions regarding the Recipient Rights Orientation Zoom trainings please email Lynn McLaughlin: [mclaughl@ceicmh.org](mailto:mclaughl@ceicmh.org)**

**ALL RRO Classes are held from 9:00a - 11:00a**

4/14/26 9:00a - 11:00a [CLICK HERE](#)

4/29/26 9:00a - 11:00a [CLICK HERE](#)

5/12/26 9:00a - 11:00a [CLICK HERE](#)

5/27/26 9:00a - 11:00a [CLICK HERE](#)

6/9/26 9:00a - 11:00a [CLICK HERE](#)

6/24/26 9:00a - 11:00a [CLICK HERE](#)

7/7/26 9:00a - 11:00a [CLICK HERE](#)

7/22/26 9:00a - 11:00a [CLICK HERE](#)

## **\*EXTENDED\* Basic Health & Medication Class:**

This class will provide a slower-paced, supportive learning environment to ensure all participants grasp the essential concepts. **This class will be limited to 6 spots and is designed for staff who need to retake Basic Health & Meds and/or for staff who are English Language Learners (ELL).** Manager approval is required prior to signing up.

**\*Class is scheduled from 9:00am - 3:00pm**

4/7/26 [CLICK HERE](#)

5/12/26 [CLICK HERE](#)

## **BASIC SIGN LANGUAGE:**

**\*Class is scheduled for 2 hours**

4/27/26 9:00a [CLICK HERE](#)

## **CPR SKILLS DEMO:**

**\*Classes are scheduled for 90 minutes\***

### **APRIL:**

4/6/26 9:00a [CLICK HERE](#)

4/6/26 11:00a [CLICK HERE](#)

4/7/26 9:00a [CLICK HERE](#)

4/7/26 11:00a [CLICK HERE](#)

4/8/26 9:00a [CLICK HERE](#)

4/8/26 11:00a [CLICK HERE](#)

4/13/26 9:00a [CLICK HERE](#)

4/13/26 11:00a [CLICK HERE](#)

4/15/26 9:00a [CLICK HERE](#)

4/16/26 9:00a [CLICK HERE](#)

4/16/26 11:00a [CLICK HERE](#)

4/23/26 9:00a [CLICK HERE](#)

4/23/26 11:00a [CLICK HERE](#)

4/27/26 11:00a [CLICK HERE](#)

4/29/26 9:00a [CLICK HERE](#)

4/29/26 11:00a [CLICK HERE](#)

4/30/26 9:00a [CLICK HERE](#)

4/30/26 11:00a [CLICK HERE](#)

### **MAY:**

5/4/26 9:00a [CLICK HERE](#)

5/4/26 11:00a [CLICK HERE](#)

5/5/26 9:00a [CLICK HERE](#)

5/5/26 11:00a [CLICK HERE](#)

5/7/26 9:00a [CLICK HERE](#)

5/7/26 11:00a [CLICK HERE](#)

5/11/26 9:00a [CLICK HERE](#)

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5/18/26 11:00a [CLICK HERE](#)

5/19/26 9:00a [CLICK HERE](#)

5/19/26 11:00a [CLICK HERE](#)

5/20/26 12:00p [CLICK HERE](#)

5/26/26 9:00a [CLICK HERE](#)

5/26/26 11:00a [CLICK HERE](#)

5/29/26 9:00a [CLICK HERE](#)

5/29/26 11:00a [CLICK HERE](#)

## INSULIN & FINGERSTICK GLUCOMETER TRAINING:

**\*Classes are scheduled for one hour\***

### **APRIL:**

4/7/26 12:30p [CLICK HERE](#)

4/15/26 10:00a [CLICK HERE](#)

4/23/26 12:30p [CLICK HERE](#)

4/30/26 12:30p [CLICK HERE](#)

### **MAY:**

5/7/26 12:30p [CLICK HERE](#)

5/14/26 12:30p [CLICK HERE](#)

5/19/26 12:30p [CLICK HERE](#)

5/29/26 12:30p [CLICK HERE](#)

## **BASIC HEALTH & MEDS:**

**\*Classes are scheduled from 9:00a - 2:00pm\***

### **APRIL:**

4/2/26 [CLICK HERE](#)

4/8/26 [CLICK HERE](#)

4/9/26 [CLICK HERE](#)

4/14/26 [CLICK HERE](#)

4/22/26 [CLICK HERE](#)

4/28/26 [CLICK HERE](#)

4/29/26 [CLICK HERE](#)

4/30/26 [CLICK HERE](#)

### **MAY:**

5/5/26 [CLICK HERE](#)

5/6/26 [CLICK HERE](#)

5/14/26 [CLICK HERE](#)

5/19/26 [CLICK HERE](#)

5/20/26 [CLICK HERE](#)

5/27/26 [CLICK HERE](#)

5/28/26 [CLICK HERE](#)

## **MED REFRESHER:**

**\*Classes are scheduled as DROP-IN between 9:00am - 1:00pm. Registration is required\***

### **APRIL:**

4/3/26 [CLICK HERE](#)

4/10/26 [CLICK HERE](#)

4/17/26 [CLICK HERE](#)

4/24/26 [CLICK HERE](#)

### **MAY:**

5/1/26 [CLICK HERE](#)

5/8/26 [CLICK HERE](#)

5/15/26 [CLICK HERE](#)

5/22/26 [CLICK HERE](#)

The training unit will be closed on:

- **3/25/26**

## **TRAINING UNIT CONTACT INFO:**

**Training Unit Secretary:** Jennifer Wrather

**PHONE:** 517-323-9610 extension: **2353**

**EMAIL:** wrather@ceicmh.org

**Training Unit E-FAX # (517) 237-7330**  
**Training Unit** Alternate FAX: 517-327-0396

**Training Unit Coordinator:** Bridget Doyle

**EMAIL:** doyle@ceicmh.org

**PHONE:** (517) 323-9610 ext.: 2339

**Training Unit RN Instructor:** Kathryn Higgins RN, BSN

**EMAIL:** higginsk@ceicmh.org

**Training Unit RN Instructor:** Deneen Gallagher, RN, BSN

**EMAIL:** gallaghd@ceicmh.org

Bridget Doyle |LMSW

Training Unit Coordinator

Phone: 517-323-9610 x 2339

Community Mental Health Authority of Clinton, Eaton, Ingham Counties

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